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newsletter of  
the maine  
dental  
hygienists'  
association

• fall 1998

## PRESIDENT'S MESSAGE

This summer has been an active time for MDHA members and course participants. The courses presented during Scientific Session at the Samoset Resort proved to be very informative and well received by those in attendance. Course evaluations throughout the weekend were helpful in gathering responses to the courses, as well as any additional comments or recommendations for future presentations. Thank you all for your help in completing these course evaluation forms. I would also like to again thank those individuals and components that helped throughout the weekend and contributed financially to the beautiful, and delicious, continental breakfast buffets enjoyed by all.

After Scientific Session the delegates from the Maine Component of ADHA left for New Orleans, Louisiana to attend the ADHA 75th Annual Session held from June 24th - 30th. This was a fabulous event. The annual ADHA Institute for Oral Health Gala (fund raising evening) was held at "Mardi Gras World" - where the Mardi Gras parade floats are stored when not in use; we were able to experience much of the excitement and beauty of this city. The House of Delegates proceeded through business effectively and efficiently. The ability to share information with members from across the nation is certainly enlightening for us all. There are many issues that affect other regions of the United States that we might only be able to



share through the ADHA Journals and written correspondence, if not for the Annual Session forums and workshops.

MDHA is in need of volunteers for several positions in the upcoming year. Many of the positions have been held by the same individuals for several years, these people know their positions very well and are willing to work with others to pass on this information. Activity in your association is critical to its success. Please make it a priority to become involved this year in any capacity you can, and see just how rewarding it can be personally and professionally.

It has been a pleasure to work with all of you throughout this past year, and to hear from as many of you as I did. Your questions and comments were always appreciated. It has been an honor to serve as your President for the 1997-98 year, and I look forward to many years of continued involvement with MDHA as we continue to develop the profession of dental hygiene, evaluate the needs of those we serve, and improve access to care for those who need our services most.

Melissa L. Stevenson, RDH  
President, MDHA

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## the SCOOP

**Advertising & Subscriptions**  
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696 Westbrook St., Apt. 6J  
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P.O. Box 5633, Ellsworth, ME 04605  
H 667-1958

#### ADHA

444 N. Michigan Ave., Suite 3400  
Chicago, IL 60611  
1-800-243-ADHA

### CHANGE OF ADDRESS?

Please keep your address current with the Maine Board of Dental Examiners Office or you will not receive important information from the state and may be subject to a fine. Call Irene Boucher today at 287-3333. If you are a member of ADHA/MDHA then you should also call 1-800-243-ADHA and let them know your new address and phone number. ADHA will forward your new address to all publications on the state and national levels (including SCOOP).

## MAINE DENTAL HYGIENISTS' COMPONENT OFFICER ROSTER 1997-1998

### NORTHERN MAINE

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**Joanne Cote**  
P.O. Box 168  
Ashland, ME 04732  
435-6866 (H)

### MID MAINE

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16 Alexander Drive  
Rockport, ME 04856

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13 Longrale Park  
Bangor, ME 04401

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### SOUTH COAST

#### PRESIDENT

**Susan Lindsay**  
69 Glenwood Avenue  
Portland, ME 04103  
879-0817 (H)

## OTHER NUMBERS

### DISTRICT I TRUSTEE

**Marie Jones-Bridges**  
25 Colonial Drive  
Lincoln, RI 02865  
(401) 726-3704 (H)

Maine Board of Dental Examiners  
287-3333

Maine Dental Association  
622-7900

American Dental Hygienists' Association  
444 N. Michigan Avenue, Suite 3400  
Chicago, IL 60611  
1-800-242-ADHA

## CALL FOR NOMINATIONS

MDHA welcomes and encourages its members to become involved within the association and its components.

Anticipated positions available for the upcoming

**1998-1999 YEAR**

*Vice President • Treasurer • Secretary*

*South Coast Component President • Central Valley Component President  
Continuing Education Committee Chair*

Elections to be held at the Annual Business Meeting during Fall Connection,  
Saturday, November 7th, 1998.

Be thinking of how you can become involved in your association!

## MDHA EXECUTIVE BOARD MEETING DATES

**1998-1999**

**1/9/99; 2/6/99; 3/6/99; 4/10/99; 5/1/99**

**5/22/99 - District I**

**6/18-19/99 - Scientific Session Samoset**

## NEW ORLEANS "RDH" STYLE

Annual Session is the RDH's most spectacular event, held yearly at a different location in the continental United States.

As Vice-President, it was a year of firsts. First time honor of serving the Maine Dental Hygiene Association; first time going to "N'Awlins" (don't say it any other way there - they'll giggle at you!); and my first attendance to Annual Session.

I came away so in awe of our National Association, as well as being exceptionally proud to be a member of this professional organization.

The entire weeks' events parallel that of our State/National governments; you must learn Roberts Rules of Parliamentary Procedures. We attended Professional Self-Regulation, Issues Forum, Association Activities Forum and Strategic Planning Forum. These forums served as platforms for our personal and professional viewpoints on all subject matter.

Reference committee meetings were then held to oppose or favor the presented amendments with our entire District. I was fortunate to be able to represent District I, which is Maine, Vermont, Rhode Island, Massachusetts and New Hampshire, at the Testimony Forum regarding membership dues.

We then attended the House of Delegates, where our President, Melissa Stevenson and Immediate Past President Marji Harmer-Beem represented Maine as voting delegates. Some amendments of passage/favor:

*PR6-DM-111-B8 Resolution: That ADHA dues be increased by \$10 to total \$155, effective July 1, 1999. ADOPTED*

*PR7-DM-111-B10 Resolution: That ADHA dues for "Retired/Senior" members be 50% of active member dues. ADOPTED*

I came away feeling so incredibly informed and confident about the foundation of our organization and how WE can make a difference. Being a member of MDHA entitles you to call Chicago for *all* types of information: educational, clinical, governmental, leadership workshops, scholarships, or referrals for more information from other experts in the field. Being a MDHA member allows Maine to send more voting delegates to Annual Session to affect changes at the national level. Please use your Executive Board members to share your ideas and concerns - we all need each at some time. I encourage you to attend the ADHA Set Sail for Success Annual Session, held in San Diego June 16, 1999.

Thank you for the opportunity to serve as your representative.

Warm regards,

Mary Lynne Murray-Ryder  
Vice President, Maine Dental Hygienists' Association

## Calendar

Do you have an event you would like to add to our calendar? Please let us know! Send us a postcard with date, time, location and speaker.

Mail to SCOOP, c/o Ruth Collard,  
Westbrook College, Dental Hygiene Dept., Stevens Avenue,  
Portland, ME 04103.

### OSHA Update - October 14th

Cathy Turbyne, RDH  
Dana Auditorium, Portland, ME

### Fall Connection - Saturday, November 7th

MDHA Annual Business Meeting  
Portland, Maine

#### Attention:

**Contributors to SCOOP please forward typed articles and announcements to:**

**Ruth Collard, c/o Westbrook College,  
Dental Hygiene Dept.,  
Stevens Avenue, Portland, ME 04103.**

#### Sales Editor:

**Jennifer Marquis  
696 Westbrook Street, Apt. 6J  
South Portland, ME 04106**

**MDHA Ex. Board Coordinator:  
Christine Corbin-Price**

**SCOOP Deadlines for 1999  
2/2/99; 5/4/99; 9/7/99**

## SOUTH COAST COMPONENT NEWS

Save these dates... Mondays, September 28, October 26 and November 30, 1998 from 6:30 - 8:00 in the Dental Hygiene Clinic lobby at UNE/Westbrook College Campus. We will be exploring some ideas for participating in the Elder Fair held at the Mall in May 1999. This will be a wonderful opportunity to share our oral health knowledge and expertise with our older generations. It is also an opportunity to represent our profession in a public forum.

**WANTED:** President and Vice President positions opening November 1, 1998 for the South Coast Component of the Maine Dental Hygiene Association. These positions are a great way to become involved with your profession without a huge time commitment. It averages about five hours a month. Call the number below for more information.

Susan E. Lindsay, RDH  
President, South Coast Component  
879-0817

## CONTINUING EDUCATION COMMITTEE

### EVENING COURSE:

This fall's evening course, **OSHA Update!**, will be held on October 14, 1998 from 7 to 9 p.m. at Maine Medical Center - Dana Auditorium. The speaker will be Cathy Turbyne, RDH, MS. Course participants will learn about:

- New inspection protocols
- Hepatitis B and C
- HIV management
- Facility safety, evacuation and emergency response requirements
- Nitrous Oxide Alert
- Bloodborne Pathogen basics, changes and alerts
- Employer/Employee rights
- Confidentiality laws
- Maine's OSHA Voluntary Compliance Program
- American Disabilities Act
- Public Health Reporting Rules
- OSHA record keeping

2 category I CEUs will be offered.

Look for the course flyer soon! For more information about this course, call Carol Colson, RDH at (207) 828-6344.

### COMMITTEE NEWS:

Kneka Hayward, MDHA Continuing Education Committee Chair will be moving to Phoenix in October where she has accepted a position with the Arizona Office of Oral Health. The CE Committee is looking for new members. This Committee has fun members who meet periodically throughout the year. The work is shared amongst participants. If you are considering joining the Committee, don't worry about doing all the work - you'll have great hygiene colleagues to work with.

Call Bev Litchfield at (207) 883-7155 if you are interested in joining the Committee or if you have suggestions for future continuing education course topics.

## UNIVERSITY OF NEW ENGLAND - WESTBROOK COLLEGE SADHA NEWS

Our student ADHA members are busy planning professional and social activities. President Isabelle Dube will coordinate the election of officers this fall. Nicole Desroches is the historian and Renee Rogers is the treasurer. The students will attend the Annual Fall Connection meeting in Portland. We

are looking forward to hosting the District I meeting at the Yankee Dental Congress in January. UNE - WBC SADHA hosted a welcome back pizza luncheon to encourage membership and involvement in this worthwhile organization. A holiday food drive and toy collection are also planned.

## CALL FOR NOMINATIONS FOR THE RDH OF THE YEAR AWARD

1999

Candidates for the RDH of the Year Award must possess the following qualifications in order to be nominated:

- Must hold current MDHA/ADHA membership.
- The candidate must be active in promoting dental health.
- Dedicated to the profession of dental hygiene in the state of Maine.

The RDH of the Year Award will be presented during Fall Connection, November 7, 1998 at the Portland Regency Hotel in Portland, and also recognized at the District I Meeting held in Boston, Massachusetts, January, 1999.

The nominators must submit a nomination form and outline of the candidate's eligibility and contributions to the profession of dental hygiene. The deadline for submitting applications is Friday, October 23rd, 1998. Please mail to: Melissa L. Stevenson, 217 South Main Street, Auburn, ME 04210.

### NOMINATION FORM • RDH OF THE YEAR • 1999

Candidate Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone Number: home: \_\_\_\_\_ work: \_\_\_\_\_

Nominator's Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone Number: home: \_\_\_\_\_ work: \_\_\_\_\_

Please attach a brief outline of your nominee and mail to Melissa L. Stevenson before 10/23/98.

# BABY BOTTLE TOOTH DECAY/EARLY CHILDHOOD CARIES

Infant feeding practices, especially bedtime bottles, have been targeted as the main cause of oral problems in young children. These problems have been named "baby bottle tooth decay" by the dental community.

New findings and extensive discussion are challenging this paradigm. A new paradigm is beginning to emerge which includes a multifactorial causality, new strategies to prevent caries in preschool children, and new ways to communicate with caregivers and parents of children at risk for this type of decay.

Pediatric and public health dental communities are focusing a tremendous amount of attention to this health problem. The common name is being challenged and a new name is being used: Early Childhood Caries (ECC).

The dental community has worked to combat "baby bottle tooth decay" by warning parents to wean their children from the bottle by age one. Many providers have expressed frustration that their recommendations go unheeded, as younger siblings of previously-diagnosed children also get baby bottle tooth decay.

Weinstein (1992) suggests that parents of children with ECC may have certain characteristics: frequent emergency room visits, fear of dental providers, and ineffective or lenient parenting practices. They may hold beliefs that decay is inevitable, dental disease is not serious or that deciduous teeth are not important. Cultural beliefs and social coping may strongly support the use of the baby bottle.

Barriers to compliance are real-life events. Fatigue, social network options, lack of partner support, cultural beliefs and abusive family situations may contribute to risky behaviors. Low income parents are more likely to comply with the advice given by maternal grandmothers than middle and upper class health professionals (McLorg, 1989).

## ECC Conference

In October 1997, the first national Early Childhood Caries Conference was held in Washington, D.C. Presenters gave strength to a new paradigm: that decay in infants is actually more similar to adult decay than a separate process. They felt that the bottle may be an associated, not a causative factor, and it contributes to the decay process only when children are regularly put to bed with a thick and visible layer of sugar-fed plaque.

Early childhood caries was presented as a complex, multifactorial disorder. Some of the research findings presented at the course include:

- The bottle is associated with the decay process and the contents of the bottle are a factor. Milk and breast milk have insignificant cariogenicity. Nighttime bottle feeding contributes only when given regularly and the teeth are covered with sugar-fed plaque.
- Visible plaque is the strongest predictor of future decay.
- White-spot lesions are associated with caries prevalence and are often preceded by enamel hypoplasia.
- Infant malnourishment may contribute to enamel hypoplasia.
- Low birth weight infants often have thin, hypoplastic enamel.
- Prenatal lead exposure is associated with enamel hypoplasia.
- Mothers who have untreated decay or ineffective daily plaque removal may pass a virulent *S. mutans* strain to their infants. A window of infectivity occurs around age 22-26 months.

## Maine

Estimates from 1994 indicate that approximately 18 percent of Head Start children in Maine have caries. This estimate is probably conservative. Research has shown that decayed, missing and filled teeth (dmft) scores can be three times higher in low socioeconomic groups, and ethnic populations than in the general population. Decay rates are as high as 70 percent in Native American populations.

## What can you do?

The following is a list of culturally sensitive recommendations compiled by Norm Tinanoff, national researcher and expert in early childhood caries, along with other experts:

- Brush children's teeth daily with a pea-sized drop of fluoride-containing toothpaste. It is important to stress that not all children will cooperate but parents should insist upon daily brushing.
- Recommend professionally applied chlorhexidine or providine iodine to reduce *S. mutans'* virulence.
- Suggest early weaning when possible, but if it clearly is not feasible, compromise by asking that parents:
  - not let toddlers take juice to bed, or
  - use plain milk, water or a mixture of milk and water and bedtime bottles
  - pull the bottle's nipple out of the mouth of sleeping toddlers
- Avoid high sugar drinks.
- Avoid infant formulas that have added sugar.
- Bring high-risk children to offices or clinics for professionally applied monthly fluoride varnish treatments (Durafluor or Duraphat). Recent research has shown that it is possible to remineralize white spot lesions.

One effective approach to combating ECC is to utilize non-dental providers trained to check young children for white spot lesions. This allows and encourages early referrals to dental professionals. Parents and caretakers can be taught to lift the upper lip and check for lesions. Learning to assess dental health is empowering and increases perceptions of susceptibility.

At the dental office, a culturally sensitive approach includes a partnership between parent/caregiver and provider as the provider examines the child's teeth. The child should be held in a knee-to-knee position between provider and parent. The provider should listen to understand the parent/caregiver's beliefs, attitudes and knowledge. Parents can help to decide on strategies and choose actions they feel they are capable of performing.

Parents may not be motivated by the knowledge of the seriousness and susceptibility of their child to dental disease but by the importance of holding space for the permanent teeth and the role that teeth play in self esteem.

Stay alert for more information regarding Early Childhood Caries! ECC is currently a hot topic in the the research.

Submitted by Kneka Hayward, RDH, BS with special thanks to Ellen Grabarek, RDH, MPH.

# SIGMA PHI ALPHA

DENTAL HYGIENE HONOR SOCIETY



## Honorary Membership

Sigma Phi Alpha is the national honor society of the dental hygiene profession. Its purpose is to recognize and honor scholarship, service and character in the field of dental hygiene. Membership consists of faculty charter members who found the chapters, outstanding graduates of dental hygiene programs and honorary members. Each chapter can elect up to two graduate members and one honorary member per year.

Sigma Phi Alpha encourages you to nominate individuals to Honorary Membership. These people may be dentists, legislators or any others who have played a role in the promotion of dental hygiene. Use the following form to nominate one or more individuals to either Maine chapter of Sigma Phi Alpha. The deadline is April 1, 1999.

### SIGMA PHI ALPHA

#### Honorary Membership Nomination

Nominee name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Please briefly explain how this person has contributed to the dental hygiene profession through educational or community services.

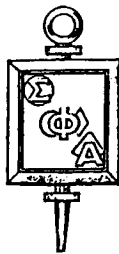
Nominated by \_\_\_\_\_ Phone \_\_\_\_\_

*Sigma Phi Alpha, Chi Pi Chapter*  
University College of Bangor  
Dental Health Programs  
29 Texas Avenue  
Bangor, ME 04401-4324  
Attn: Ann E. Curtis

*Sigma Phi Alpha, Alpha Beta Chapter*  
Westbrook College  
Department of Dental Hygiene  
716 Stevens Avenue  
Portland, ME 04103  
Attn: Ellen Beaulieu

# SIGMA PHI ALPHA

DENTAL HYGIENE HONOR SOCIETY



## Call for Abstracts for Presentation of Papers

Dental hygienists are invited to submit abstracts for review and possible presentation at the MDHA meeting at the Samoset in June. Topics should pertain to the practice of Dental Hygiene. They should reflect research, a comprehensive literature review or other original scholarly work by the author. Abstracts should be 1/2 - 1 page typed and must include the following:

- Author name, address, phone numbers, also FAX & e-mail, if any
- Title
- Purpose of the study
- Significance of the topic
- Statement of methods used for research and/or journals reviewed
- Conclusions reached

Abstracts will be reviewed by the Presentation of Papers Committee. Usually, the Presentation of Papers includes a 15 - 20 minute summary of the scholarly work followed by the same amount of time answering questions from the audience.

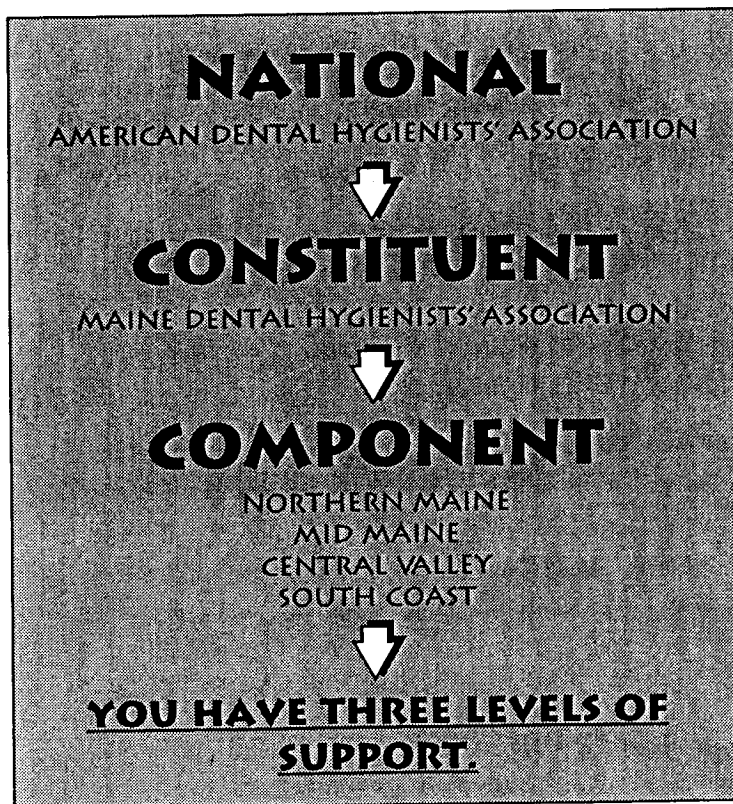
Submit abstracts to:

Sigma Phi Alpha Presentation of Papers  
Committee

c/o Ann Curtis

University College of Bangor, 29 Texas Avenue, Lincoln Hall, Bangor, ME 04401-4324

The deadline for submitting abstracts is March 15, 1999. Authors will be notified by April 15.





# fall

## CONNECTION



PRESENTED BY

*The Maine Dental Hygienists' Association*

**SATURDAY, NOVEMBER 7, 1998**

**Portland Regency Hotel, Portland, ME**

This year's speaker is the nationally known **Joen Iannucci Haring, DDS, MS**. Dr. Haring is featured monthly in **RDH**, the National Magazine for Dental Hygiene Professionals.

### SCHEDULE OF EVENTS

**8:00 to 8:30**     **Registration and welcome reception**

**8:30 to 9:30**     **Open business meeting (1 ceu/Cat. 11)**

**MDHA** welcomes all members as well as potential members to this meeting. Seize this opportunity to meet MDHA's Executive Board, share your concerns and ideas regarding our profession. We will also be electing 1999 officers for the positions of treasurer, secretary, and vice president. Also join us in recognizing our 1999 RDH of the Year.

**9:45 to 10:00**     **Continental Breakfast**

**10:00 to 12:00**     **ORAL HEALTH ISSUES FOR SENIORS (2 ceus/Cat. 1)**

The size of the senior citizen population has increased dramatically in the past 50 years. By the year 2010 one in five Americans will be age 65 or older. This patient population will continue to seek dental care at an unprecedented rate, putting dental hygienists in a key position for providing preventive therapy and education. This interactive seminar is designed to address four main concerns as they effect the oral health of seniors: medical/dental history, oral assessment, patient education and preventive treatment.

This course is being presented by Kristine Hodson, RDH who combines her fourteen years of clinical knowledge with her teaching/facilitating experience to empower oral health professionals throughout the United States.

**12:00 to 1:30**     **Officer Installation Luncheon**

**MDHA** welcomes all in attendance to gather for lunch. This is a great time to see old friends and meet new ones. Kris Blaisdell, MDHA's 1998 RDH of the Year will perform the installation of officer's ceremony.

We would like to thank our sponsors, Colgate Oral Pharmaceuticals, Patterson Dental Supply Company and the Optiva Corporation.

**1:30 to 4:30**     **"VESICULAR AND ULCERATIVE DISEASES" (3 ceus/Cat. 1)**

**IF YOU WANT TO KNOW, YOU WILL JUST HAVE TO GO!**

We feel privileged to present to you as featured monthly in RDH magazine "Case Study", the contributing Editor of RDH, the nationally acclaimed **Joen Iannucci Haring, DDS, MS**, Assistant Professor, College of Dentistry, Ohio State University.

**4:30 to 5:30**     **PROFESSIONAL ISSUES FORUM (1 ceu/Cat. 1)**

This forum will be facilitated by our District 1 Trustee Marie Jones-Bridges, RDH.

With the threat of Preceptorship in several states, Vermont being one of the more recent, we want all dental hygienists to feel informed regarding preceptorship, self-regulation, independent contracting. Are we truly fulfilling the use of the term "**PROFESSIONAL**"? Let's be proactive, not reactive. Plan on attending this round table discussion.

*Each year, MDHA financially supports The Oral Health Institute. Our biggest effort is hosting the Chinese Auction. The Institute supports scholarships, and advanced learning experiences for all facets open to the oral health profession. Please participate by bringing an item to donate for the auction and join in the fun.*

Please bring item to the Regency the day of the event or call Mary Lynne Murray-Ryder at 848-7519, or Bev Litchfield at 883-7155 for more information.

Visit our web site: [home.maine.rr.com/medha/](http://home.maine.rr.com/medha/)

Or you can link to our site from going to [adha.org](http://adha.org).

This year's fall meeting to be held at the "Portland Regency Hotel", residing in a historic 19th century armory in the center of the Old Port, two blocks from the waterfront. Rooms are reserved under MDHA for \$139.00 plus tax, featuring charming guest rooms, nightly turned down, serving complimentary newspaper and wake up coffee. Whether spending the evening or just the day, special arrangements for valet parking for MDHA participants will be included.

***Come broaden your horizons, share your professional insight and participate in guiding your MDHA to become the mentoring organization that takes you into the next millennium. We can hardly wait to see you all there!***

***MDHA's continuing education programs are open to the entire dental team. Please share this flyer with your office.***

## REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Please check all that you will be attending:

- Business meeting       Installation Luncheon  
 Oral Health Issues for Seniors       Vesicular & Ulcerative Diseases  
 Professional Issues Forum

**COST: \$95.00 (checks payable to MDHA)**

Mail to Christina Corbin-Price, RR 5, Box 702, Gorham, ME 04038

**ADHA/MDHA MEMBERS DEDUCT \$40.00 AND PAY ONLY \$55.00!**

Value of fee inclusive of business meeting, continental breakfast, lunch, continuing education courses (7 ceus), professional issues forum and valet parking.

Information: Mary Lynne Murray-Ryder 848-7519, Bev Litchfield 883-7155 ([blitchf@maine.rr.com](mailto:blitchf@maine.rr.com))

**DEADLINE: OCTOBER 14, 1998. Late fee additional \$25.00**

**\*Please contact the Regency directly for rooms, \$139.00 single, \$149.00 double. (207) 774-4200.**

**DIRECTIONS:** From interstate 95, the Maine Turnpike, take Exit 6A and follow signs to Rt. 295 North. From both the north and south, follow Rt. 295 to Exit 7, Franklin St., Rt. 1A. Travel Franklin St. for one mile. At the 6th light, turn right onto Fore St. and take the 3rd right onto Market St.. Travel one block to The Regency's valet parking at the hotel entrance.

What is it? Why is it necessary? Why should I go? Is your dental hygiene career moving into the next millennium? I'm sure these are questions every dental hygienist ascertaining the title is asking themselves.

The threat of preceptorship (whereby dentists may train assistants, regardless of their educational background, to perform some dental hygiene responsibilities such as supragingival scaling and coronal polishing) this is not the quality of care the patients should receive. Everyone says it can't happen, it WON'T happen to us. The fact is, Vermont is currently struggling with the issue.

Self-regulation will allow us the autonomy to be responsible for ourselves. It would distinguish us as an educated body of professionals who very much seek to mentor, empower and be responsible for ourselves. The right to self-regulate is a vote of confidence from the dentists as our professional peers, recognizing us for our strengths, maturity and the wisdom we bring to dental healthcare. Perhaps, too, it may lead towards more consumer confidence in our credibility as professionals.

Join us at the end of our Annual Meeting, Saturday, November 7th, to air your concerns, fears and advice. The facilitator will be Marie Jones-Bridges, our District I Trustee. Help create positive change in Maine!

Mary Lynne Murray-Ryder, RDH, BS  
Vice President, MDHA

The Board meetings for Fall 1998 are scheduled as follows:

- October 16
- November 13
- December 11

The meetings are generally scheduled from 9:30 until we complete our work, often 4:30. It is held downstairs at 2 Bangor Street, Augusta. Sometimes meetings need to be rescheduled, I would suggest you call a few days before a scheduled meeting to assure the date has not needed to be changed. The number is 287-3333. The meetings are open to the public unless it goes into executive session. I encourage any of you that have concerns or questions about how your Board works to come and observe meetings.

Reminder, that this is our renewal year. All licensure renewals must be received before the end of December or a late fee will be assessed. If a hygienist is not relicensed by February of 1999 the license is automatically suspended to practice dental hygiene.

Lastly, please carefully review the CEUs you have accrued over the last two years to assure you have an adequate number of Category 1 credits. Category 1 is a clinically applicable course, Category 2 is home study, office managing, etc. Up to 3 Category 1 credits may be obtained from a CPR certification course. We all need to have at least 15 credits in Category 1 to renew our licenses. Please keep all proof of attendance forms until you renew in the year 2000, in case of being one of the random audits done every renewal time.

Hygienists in the state may feel free to call me if you have questions at 942-4114.

Diane Blanchette, RDH

*Open Invitation to District 1 Members*

*to volunteer at*

*The 25th Yankee Dental Congress*

*January 20 to 22, 2000*

Please send your name, address, day and evening telephone numbers to:

*Lois Sobel  
123 Winifred Avenue  
Worcester, MA 01602*

Please indicate your interest in volunteering as:

1. Presiding Chair (may attend course at no charge)
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