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a quarterly
newsletter of
the maine
dental
hygienists'
association
• fall 1995

PRESIDENT'S MESSAGE

I hope everyone had an opportunity to enjoy the beautiful summer we had here in Maine. MDHA Executive Board Officers did take some time during the summer to start planning for the upcoming MDHA year. I am excited to be working with so many great hygienists from the state. I thank everyone for donating their time, knowledge and support to this important professional organization.



This year I look forward to visiting each component as well as meeting with the hygiene students at University College and Westbrook College. I hope I will also get a chance to see many of you at continuing education programs, The Fall Connection and the 70th Annual Meeting. The Continuing Education Committee has again planned exciting and interesting programs for us this year. Plans are also being finalized for The Fall Connection which will be held on November 4th in Freeport. Keep a look out for your flyer in the mail! The Annual Meeting Committee has even started plans for the June meeting to be held at the Samoset Resort in Rockport. A special thank you to all the committee members.

Any type of involvement is important to our association. I encourage everyone to participate. It can be as simple as attending continuing education programs and meetings given by MDHA, donating time to help with registration at programs, or sharing your ideas. We are always looking for input. Do not forget about participating in your Component or on the Executive Board of MDHA. Please contact me if you need ideas on how you can help.

Again, I am excited and proud to be involved with MDHA. I hope to see you all at the Fall Connection on November 4th in Freeport.

Michelle J. Gallant, RDH
President MDHA

Inside

| | | | |
|----------------------------|---|----------------------|-----|
| Annual Meeting | 2 | Continuing Education | |
| Legislative Committee | 4 | & Component News .. | 6-7 |
| Dental Radiology Course | | | |
| & Internship Pres. | 5 | | |

the scoop

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CHANGE OF ADDRESS?

Please keep your address current with the Maine Board of Dental Examiners Office or you will not receive important information from the state and may be subject to a fine. Call Irene Boucher today at 287-3333. If you are a member of ADHA / MDHA then you should also call 1-800-243-ADHA and let them know your new address and phone number. ADHA will forward your new address to all publications on the state and national levels (including SCOOP).

1995 Samoset Meeting a Great Success

The 1995 69th Annual Maine Dental Hygienists' Association's Meeting was held at the Samoset Resort in Rockport. It was a great success with over one hundred registered participants. The two day meeting was jam packed with meetings, CE courses, a reception for MDHA's president, a lunch and learn, and MDHA's installation of officers.

Meetings included the Sigma Phi Alpha Honor Society with two chapters coming together for reports and planning, MDHA opened the annual meeting on Friday, June 16th with greetings delivered by Michelle Shapiro from the Massachusetts Dental Hygiene Association. Such important matters as membership, member services, ADHA Annual Session, awards and scholarships, legislative update, Maine Board of Examiners Update, Fall Connection Meeting were discussed. There was also a nomination of officers and a social gathering hosted by the Advocates for Oral Health.

The CE courses were successful this year with healthy attendance. New Periodontal Instruments, Implications of Emerging Infectious Diseases, Advanced Periodontics and the Dental Hygienist, and CPR proved to be a well rounded selection that the membership seemed to enjoy.

The Installation Luncheon was moderated by Marcia Weed. The following officers were installed to the executive board of MDHA; Michelle Gallant - President, Marji Harmer-Beem - Pres.-Elect, Melissa Stevenson - Vice Pres., Joanna Bradley - Treasurer, Christina Corbin-Price - Secretary, and Kristine Blaisdell - Immed. Past-Pres. All officers vowed to fulfill the duties charged to them by the membership. Also during the luncheon the MDHA honored Barbara Collier as the MDHA RDH of the Year.

MDHA raised \$150.00 through the 50/50 Raffle to benefit the Institute of Oral Health, the arm of ADHA that supports scholarships and research grants.

The meeting was a collaboration of many individuals and MDHA thanks all that made it so successful.

Notice for SCOOP Articles

Please send all articles for SCOOP typed and print ready. SCOOP's budget can no longer afford \$20.00 an hour for editing and typing. Individuals sending articles and announcements for SCOOP that are not print ready, will be billed.

About this Issue

SCOOP is published 3 times per year and is a benefit of belonging to the Maine Dental Hygienists' Association. Non-members may subscribe to SCOOP for \$20.00 per year. To subscribe, please send a check in the amount of \$20.00 payable to MDHA / SCOOP, and mail to Jennifer Fecteau, 696 Westbrook St., Apt 6J, South Portland, ME 04106.

Calendar



Upper Left: Kris Blaisdell, Immed. Past President; Barbara Collier, RDH of the Year 1995 and Michelle Gallant, President at the 69th MDHA Annual Meeting. Middle: RDH of the Year 1995, Barbara Collier. Bottom: Sigma Phi Alpha/Chi Pi Chapter Meeting at the 69th Annual Meeting



Eighteen month old Jonathan Roberts was the winner of the MDHA 50/50 Raffle. Jonathan's mom on the left is Tracy Roberts and his grammy who purchased the ticket from Kris Blaisdell is Linda Maguire.

September 15, 1995
 "New Utilization of Fluoride for Adults and Children", Mary Moran Boudreau, RDH, MS, Ramada Inn, Bangor, ME 4 CEU's

September 22, 1995
 "The Dental Hygiene Primer - New, Tried and True Products", Keeley the Katerer, Portland, ME 4 CEU's

October 11, 1995
 Regarding Comprehensive Healthcare, Sue Goran, RN, MS
 Ludke Auditorium, Westbrook College

October 18, 1995
 "Periodontal Actisite Presentation", Dr. Stephen Morse, MMC Dana Center, Portland, ME 2 CEU's

November 4, 1995
 MDHA Fall Connection
 Down East Village Motel, Yarmouth

January, 1996
 Yankee Dental Congress
 Boston, MA

Do you have an event you'd like to add to our calendar? Please let us know! Send us a postcard with the date, time, location, topic, and name of speaker.

Mail to SCOOP, Ruth Collard C/O Westbrook College, 716 Stevens Ave., Portland, ME 04103

Attention:

Contributors to SCOOP please forward typed articles, information, announcements, etc. to:

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 (Contact Alexis D'Ascanio)**

**MDHA Ex. Board Coordinator
 Alexis D'Ascanio**

**Scoop Deadlines for
 1996**

**Winter - Feb. 10
 Spring - April 20
 Fall - Sept. 8**

**Westbrook College - SADHA
Fall Program Announcement**

"20th Century Eyes 21st Century Lenses" Regarding Comprehensive Health Care is the topic of a presentation by Sue Goran, RN, M.S. on Wednesday, October 11 at 6:00 p.m. in Ludcke Auditorium on the Westbrook College campus. She is a humorous, knowledgeable speaker and is being co-sponsored by:

Westbrook College Student
American Dental Hygiene Association
National Dental Hygiene Society
Sigma Phi Alpha
Westbrook College National Student Nurses
Association

The public is invited to attend. There will be refreshments provided. Maybe a nominal fee at the door.

Legislative Committee

I would like to thank Michelle Gallant and Marj Harmer-Beem for asking me to assume the Chair of the Legislative Committee. First, I want to commend Marcia Weed for the outstanding job she has done as legislative chair these past few years. I know she will be only a phone call away. In June, I attended the ADHA Legislative Workshop held for constituent presidents and legislative chairs during ADHA's Annual Session in the windy city of Chicago. It was exciting and informative to hear of the legislative activity throughout the various states. I came away from this workshop enthused to maintain the pro-active momentum we experience here in Maine.

MDHA is very fortunate to have a dedicated group of hygienists attending the monthly meetings of the Maine Board of Dental Examiners. We would also welcome some new faces. The Ad Hoc Committee for the Nomination to the MBDE has accepted and is processing the applications it received this summer. President Michelle Gallant will send a letter of recommendation to Governor King this fall. Plans are underway to organize a Lobby Day! "What is a Lobby Day you ask?" We will be looking for hygienists to go to the Capitol in Augusta to meet with legislators to make them aware of what a dental hygienist is. Perhaps, we can make this an annual event. Please keep an eye out for more information. If you are interested in becoming an active committee member please call me!

These are just a few ideas that have developed over the summer. Do you have ideas and/or suggestions for this committee or MDHA? Please call me, Kris Blaisdell, I can be reached at (207)799-0484. Hope to be hearing from you.

Kris Blaisdell, RDH
Chair, Legislative Committee

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Safe practice of dental radiology requires training in the techniques involved and knowledge of potential radiation hazards and safety measures as well as quality control. Few dental assistants in Maine are able to travel to a traditional course consisting of 14 weeks of lectures and laboratories. As a result, it is believed that many localities in the State have a limited number of assistants who are prepared to practice dental radiography after passing the required Dental Assisting National Board exam.

The University of Maine System has the capacity to broadcast courses Statewide via an Interactive Television (ITV) network. This medium is being explored to extend access to the comprehensive, three credit hour Dental Radiology course taken by The Programs' Dental Assisting and Dental Hygiene Students. If utilized, a live Dental Radiology course could be transmitted to any of more than 100 locations from Madawaska to York. Lectures would be received by students throughout the State at centers where they could converse with the faculty members and with students at other sites. The laboratory sections, taught by the Programs' permanent faculty, would remain on-site at the Bangor Campus, providing students with hands-on experience and personal training. The Faculty hope to have this course developed and available by January 1996. For more information, contact the Dental Health Programs at 581-6051.

Westbrook College Student Internship Presentation

Dental Hygiene student Joan Mulhall gave a presentation on her internship on Friday, September 8, in the Dental Hygiene classroom at Westbrook College. Colgate Palmolive Company sponsored her internship, which consisted of working in the Oral Care Clinical Research Department of Colgate in New Jersey. Her work included library, clinical and laboratory research involving oral care products. Joan's work was an interesting example of hygienists working in research.

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WELCOME !!!!!

**MDHA would like to WELCOME the
following new members:**

| | |
|---------------------|----------------|
| Shannon Barry | Portland |
| April Bechard | St. Agatha |
| Brenda Chouinard | Lincoln |
| Carol Colson | Ellsworth |
| Janet Daily | Westbrook |
| Linda Donovan | Winterport |
| Jessica Fowler | Brooksville |
| Pierrette Inzerillo | Kennebunk |
| Dona Macomber | Dover Foxcroft |
| Nancy Mattsson | Scraborough |
| Denise Pease | Cornish |
| Melissa Stevenson | Westbrook |
| Kimberly Sylvester | Topsham |

Continuing Education Committee

The continuing education committee of MDHA is pleased to provide some great courses for the Fall of 1995. Friday, September 15, 1995 "New Utilization of Fluoride for Adults and Children" was presented in Bangor at the Ramada Inn. Mary Moran Boudreau, RDH, MBA reviewed systemic and topical fluorides and include an update on the current fluoride prescription change.

Friday, September 22, 1995 "Dental Hygiene Primer-New, Tried, and True Products" was presented in Portland at Keeley the Katerer. Karen Knight of Patterson Dental Company helped to bring this very informative course to us. It included OSHA guidelines, homecare preventive products, intraoral camera technology, what's new in ultrasonics and demonstrations of products we use as hygienists. There was also a time for questions and answers.

Dr. Stephen Morse will present an evening course in Portland on Wednesday, October 18, 1995. Dr. Morse will discuss the local delivery of antibiotics. Information on the registration for this course will be forthcoming.

Any suggestions for presenters or topics for courses are always welcome.

Sigma Phi Alpha

The joint meeting of the Sigma Phi Alpha Honor Societies in Maine was held during the Annual MDHA meeting at the Samoset in June. Newly Elected members and Honorary Member Susan Higgins were recognized. Nine members of the Sigma Phi Alpha, Chi Pi Chapter were present and new officers were elected.

President Ann Curtis 581-6074
Sec/Treas Mary Rytky

University College SADHA

University College of Bangor is back in session and our SADHA organization is gearing up and ready to begin fund raising for our trip to Yankee Dental Congress. We are planning car washes, a craft raffle, bottle drives and much more.

The students are also observing Dental Health Month in October by sponsoring Public Service Announcements on the Bangor area radio and television stations.

New officers for '95-'96:

| | |
|--------------------|----------------|
| Lorraine Klug | President |
| Kristy Wilson | Vice-President |
| Jennifer Thibeault | Secretary |
| Lori Dow | Treasurer |

Mid ME Component News

The Mid ME Component will be offering three educational programs. All three programs award CEU's for attendance and are held at Lincoln Hall, at the University College of Bangor.

WED. OCTOBER 18, 1995

Title: The TMJ and It's Clinical Relevance

Presented by: Stephen Paul, DDS

6:30 - 8:30 pm

Member - \$10 Nonmember - \$15

WED. MARCH 6, 1996

Topic: Ergonomics

Presented by: Phil Pouzol, Physical Therapist

6:30 - 8:30 pm

Member - \$10 Nonmember - \$15

TUES. APRIL 16, 1996

TABLE CLINICS

Presented by Seniors at the Dental Health Programs

6:30 - 8:30pm

FREE ATTENDANCE

South Coast Component of MDHA

In recognition of National Dental Hygiene Month, in October, the South Coast Component plans to host a "get together" with Seniors in the Dental Hygiene program at Westbrook College. Plans are also underway to participate in National Dental Health Month, Table Clinics, and continuing education programs. We welcome and encourage your participation in the MDHA on the local level. The next business meeting is scheduled for November 9, 1995 at 7 PM at Sherry Ritchie's home. Please call if you have any questions. Sherry Ritchie (#775-2191) Janet Daily (#854-9123)

Westbrook College

Westbrook College would like to welcome the new officers of Sigma Phi Alpha National Dental Hygiene Honor Society-Alpha Beta Chapter. The successful candidates chosen in January were:

| | |
|----------------------|--|
| PRESIDENT: | BONNIE VAUGHAN Westbrook College -1966 |
| PRESIDENT ELECT: | DONNA MCAULIFFE Westbrook College - 1994 |
| VICE PRESIDENT: | JANE FLAHERTY Westbrook College - 1987 |
| TREASURER/SECRETARY: | DEBORAH DAURAY Fones School of Dental Hygiene - 1986 |

A meeting is planned for the Fall semester of 1995 and members will be notified and encouraged to attend. In addition, Sigma Phi Alpha will co-sponsor a speaker on October 11, 1995 at Westbrook College. The topic will be 20th century healthcare for the future. For more information please contact Debbie Dauray at Westbrook College - 797-7291 ext. 277 or 278.



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