

# the SCOOP

a quarterly newsletter of the maine dental hygienists' association

special edition • winter 1994



## President's Message

The Maine Winter has descended upon us with COLD AIR and SNOW!!! Unbelievably for me, half a year is already behind us. MDHA members should look back with pride and ahead with excited anticipation.

The Fall Connection meeting provided a wonderful opportunity for networking and planning. Successful Legislative and Strategic Planning Workshops were held which accomplished the planning and mapping out of the future of dental hygiene activities in Maine. Although attendance was not "bountiful" those members and non-members attending did a wonderful job supplying input, ideas, concerns and STRATEGIC PLANS!

Members of the Executive Board have been very busy planning for the 1994 MDHA Annual Meeting. This year's meeting will consist of exciting continuing education choices and a few other innovative changes which will only help to make it one of the best annual meetings yet. Please join us! Mark your calendars for June 17 & 18, 1994.

On the national level ADHA has been very busy with a grassroots effort to insure the inclusion of oral health care in the National Health Security Act. ADHA/MDHA encourages your support by writing letters to Senators and Representatives. A sample letter and the addresses of your senators and legislators are enclosed in this issue. ADHA has participated in the reform process so far by providing written testimony to the Hillary Clinton task force, which met this winter and spring for the purpose of developing health reform recommendations for the President. ADHA presented written and oral testimony to the House Ways and Means Committee. Also, the normal schedule of ADHA visits and contacts with lawmakers and policy makers in Washington has been stepped up and directed toward achieving this goal. ADHA has joined the Coalition for Oral Health, a coalition formed around the philosophy that oral health is a necessary part of total health and should be included in health reform.

Please take a few minutes to write letters to your senators and representatives if you share this commitment with ADHA.

Executive board members will once again meet jointly with the Executive Council of the Maine Dental Association to keep the channels of communications open. This meeting is a result of the mutual efforts of both associations.

On the legislative front MDHA will be meeting with the Maine Board of Dental Examiners, Ad Hoc Committee on the Administration of Local Anesthesia by Dental Hygienists in March. At this meeting the committee will be presenting a report to the full board for the discussion of the local anesthesia proposal. The Sunset Review Public Hearing with the Committee on Audit and Program Review of the Maine Legislature is scheduled for February 9, 1994 at 9:00 am in Room 437 of the State House. All interested hygienists are urged to attend.

With the first half of my year as president already behind me I look forward to a very busy and exciting spring (and I hope the temperatures cooperate with my anticipation as well). THINK SPRING!

Alexis D'Ascanio  
President, MDHA

## Inside

<i>Officers</i> .....	2
<i>Calendar of Events</i> .....	3
<i>Oral Health Care for Persons with Special Needs</i> .....	4
<i>Executive Director Appointment</i> .....	5
<i>Sample Letter Regarding National Security Act</i> .....	7
<i>Community Issues</i> .....	8
<i>Component News</i> .....	9
<i>Continuing Education</i> .....	10

## the SCOOP

**Advertising & Subscriptions**  
Christina Corbin-Price, RDH  
RR 5, Box 702  
Gorham, ME 04038  
207-642-4910

### MDHA Executive Board PRESIDENT

Alexis D'Ascanio  
PO Box 741, So. Casco, ME 04077  
H 655-3935

### PRESIDENT-ELECT

Kris Blaisdell  
10 Tall Pine Rd, Cape Eliz., ME 04107  
H 799-0484

### VICE-PRESIDENT

Michelle J. Gallant  
P.O. Box 231, West Rockport, ME 04865  
H 236-9519 W 236-4700

### SECRETARY

Julie Dickinson  
P.O. Box 155, Glen Cove, ME 04846  
W 594-5500  
TREASURER  
Joanna Bradley  
P.O. Box 135, Topsham, ME 04086-0135  
H 721-9462

### IMMEDIATE PAST PRESIDENT

Anne Harris  
263 Carriage View, Clinton, TN 37716  
H 615-457-4204

### CONTINUING EDUCATION CHAIR

Reneta Cloutier - H 892-6691

### LEGISLATIVE CHAIR

Marcia Weed - H 729-5350

### MEMBERSHIP CHAIR

Tricia Nixon - H 945-4099

### ME BOARD OF DENTAL EXAMINERS

Irene Boucher  
2 Bangor St., State House Sta. 143  
Augusta, ME 04333  
287-3333

### DH MEMBER-MBDE

Carol Williams  
53 Park St., Orono, ME 04473  
H 866-3157

### MDHA PLACEMENT SERVICE

Michel Scott Susina  
P.O. Box 363, So. Harpswell, ME 04079  
H 833-5383

### ADHA

444 N. Michigan Ave., Suite 3400  
Chicago, IL 60611  
1-800-243-ADHA

The next issue of SCOOP  
will be mailed in April 1994

**The deadline for  
submission of articles &  
advertisements is  
March 15, 1994.**

## Your 1993-1994 Officers Maine Dental Hygienists' Association

### President • Alexis D'Ascanio, RDH, BS

Alexis is a 1983 graduate of Westbrook College and is currently completing an internship for a Masters Degree in Adult Education and Human Resource Development at the University of Southern Maine. Alexis also works part-time as a clinical instructor at Westbrook College. She and her husband, Michael, live in South Casco with their two children, Nicholas-age 5, and Lauren-age 2.

### President-Elect • Kristine E. Blaisdell, RDH

Kristine is a 1968 graduate of Westbrook College. She is currently employed as a dental hygienist with the practice of Dr. William Dennis in Cape Elizabeth. She and her husband, Bruce, live in Cape Elizabeth. They have a daughter, Meredith, who is a 19 year old college freshman.

### Vice President • Michelle J. Gallant, RDH

Michelle is a 1990 graduate of University College and is currently employed full-time as a dental hygienist with the practice of Drs. Philip Higgins and Jonathan Goss in Camden. Michelle held the position of MDHA's Secretary last year. She lives in Rockport with husband Shawne, and their two dogs, Max and Roxie.

### Secretary • Julie Dickinson, RDH

Julie grew up in Patten, Maine and is a 1990 graduate of University College. She currently lives in Warren and works full-time as a dental hygienist in Glen Cove with Drs. Dougherty, Barbour, Endl and Pier.

### Treasurer • Joanna Bradley, RDH, BS

Joanna is a 1991 graduate of University College and has a Bachelor's Degree in Health and Family Life Education from the University of Maine at Orono. She is currently employed full-time as a dental hygienist with the practice of Dr. Wil Vachon in Brunswick. This is Joanna's second year of a two year term as MDHA Treasurer.

**Oral-B**

Laboratories, U.S.A.

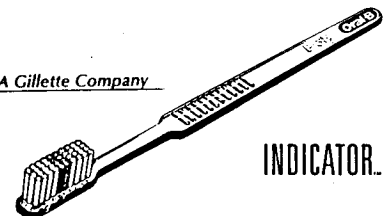
A Gillette Company

Professional Products Division

Kristine A. Hodsdon, RDH  
Account Manager

8 Abbott Street  
Hudson, NH 03051  
(603) 880-4682 (800) 888-6423 Ext. 1687

Order Dept.: One Lagoon Dr.  
Redwood City, CA 94065



INDICATOR.

EXCELLENCE, ALWAYS.

1-(800)-44-ORALB  
1-(800)-446-7252

## JOIN US! 68th Annual Meeting

Even though June may seem a long way off, MDHA officers have been working hard to assure a successful and interesting 68th Annual Meeting. The meeting will be held on June 17th and 18th, 1994, at the Samoset Resort, Rockport, Maine.

We hope you join us for a very exciting two days. The weekend will take off with an Open Business Meeting. This meeting gives hygienists an opportunity to have a voice in important issues concerning dental hygienists in the state.

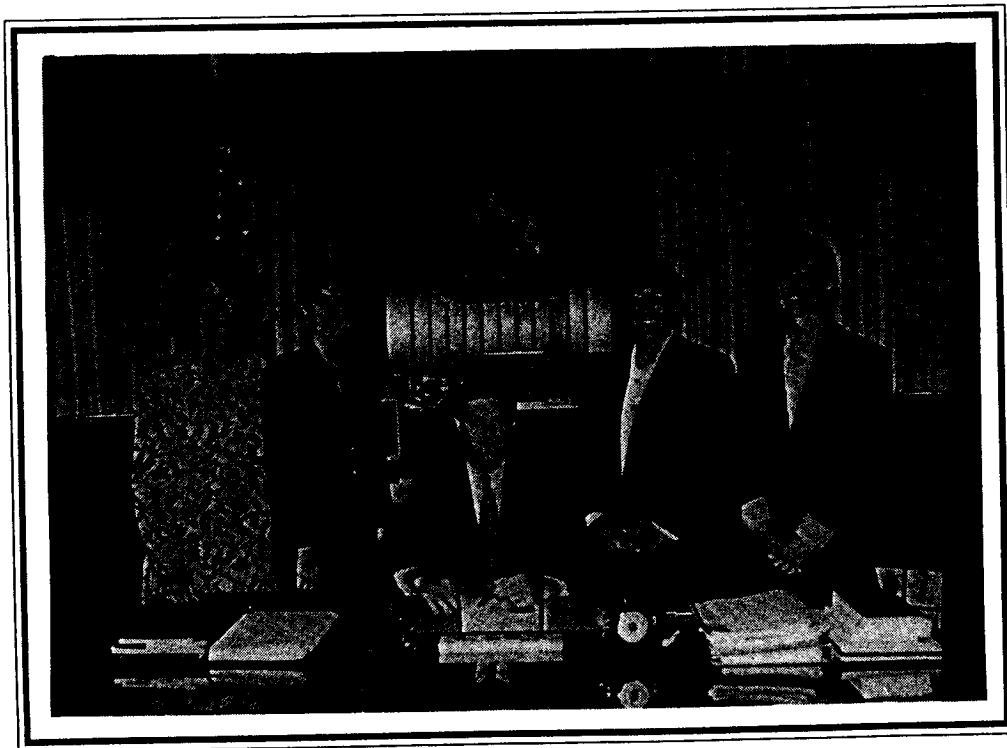
A wide range of continuing education programs have been included. Two programs will be offered on Friday and also two on Saturday. They include Pediatric Nutrition program; an Oral Pathology review; Instrument Sharpening; and a Facial Pain program.

Friday evening all are welcome to the MDHA President's Reception, honoring Alexis D'Ascanio. Officers and friends hope you join them in recognizing the efforts of this year's President.

Your attendance at Annual Meetings is an excellent way to show your support for all the work MDHA officers have done in coordinating this exciting two days. So, JOIN US for the 68th Annual Meeting. Come and enjoy the fantastic programs offered to you from the Maine Dental Hygienists' Association!

Michelle J. Gallant, RDH  
Vice President MDHA

### Gubernatorial Proclamation



On hand with the Honorable Governor, John R. McKernan for the signing of a Gubernatorial Proclamation proclaiming October as National Dental Hygiene Month were (from left to right) Executive Board Members, Kristine Blaisdell, Pres.-Elect, Michelle Gallant, Vice-Pres., Alexis D'Ascanio, President and Lucy Heilshorn-Cooney.

## Calendar

February 12, 1994, 9 am - 11 am  
MDHA Executive Board Meeting  
McDonald's Restaurant, Freeport

March 11, 1994  
MBDE Meeting, Augusta, Maine

March 19, 1994, 9 am - 11 am  
MDHA Executive Board Meeting  
McDonald's Restaurant, Freeport

April 1, 1994, 8:30 am - 12:30 pm  
"TMJ Update" - Dr. Robert Mitchell  
Dana Center, Maine Medical Center,  
Portland (4 CEU's) (Cat. I)

April 4, 1994, 5:30 pm - 7:30 pm  
"1994 Student Table Clinics"  
Wing Lounge, Alexander Hall,  
Westbrook College  
(1 CEU)

April 8, 1994, 8 am - 12:30 pm  
"TMJ Update" - Dr. Robert Mitchell  
Ramada Inn, Bangor (4 CEUs)

April 8, 1994  
MBDE Meeting, Augusta, Maine

April 9, 1994, 9 am - 11 am  
MDHA Executive Board Meeting  
McDonald's Restaurant, Freeport

May 6, 1994  
MBDE Meeting, Augusta, Maine

May 14 & 15, 1994,  
District I Annual Meeting & Leadership  
Workshop, Sheraton Tara, Bedford N.H.

May 12, 1994, 9 am - 11 am  
MDHA Executive Board Meeting  
McDonald's Restaurant, Freeport

June 8 - 14, 1994,  
ADHA Annual Session  
Philadelphia, PA.

June 17 & 18, 1994,  
MDHA Annual Meeting  
Samoset Resort, Rockport

*Do you have an event you'd like to add to our calendar? Please let us know! Send us a postcard with the date, time, location, topic, and name of speaker.*

*Mail to SCOOP, PO Box 741, So. Casco, ME 04077*

## Oral Health Care For Persons With Special Needs

The Maine Department of Human Services, Division of Dental Health invites dental health professionals to borrow any or all of ten self-study continuing education modules in the "Dental Education in Care of the Disabled" series produced by the University of Washington School of Dentistry in Seattle. Each written module unit has objectives, a pre-test and post-test, and a bibliography in addition to the topic-specific information. Topics are listed below; modules 2, 4, and 9 have been newly revised.

### MODULE I

- Unit A Demographics of Selected Disabled Populations
- Unit B Principles of Rehabilitation
- Unit C Access to Care
- Unit D Wheelchair Transfers in the Dental Office

**MODULE II** Epilepsy; Autism; Mental Retardation; Cerebral Palsy

**MODULE III** Dental Prevention for the Patient with a Disability

**MODULE IV** Diabetes; Respiratory Disorders; Cardiovascular Diseases; Arthritis; Cancer; Renal Disorders

### MODULE V

- Unit A Behavior Modification
- Unit B Clinical Sedation and Anesthesia

**MODULE VI** Clinical Assessment of the Dental Patient with Disability

**MODULE VII** Dental Treatment Patients with a Major Psychiatric Disorder

**MODULE VIII** Dental Management of the Patients with Chemical Dependencies

**MODULE IX** Spinal Cord Injury; Adult Onset Neurologic Disorders; Stroke; Sensor Impairment

**MODULE X** Dental Management of the Geriatric Patient

The Division of Dental Health has other materials, including ADA's clinical management series which provides information on oral health care of medically-compromised patients. The University of Washington series and a list describing the Division's other resources on this topic may be obtained by contracting the Division of Dental Health, Maine DHS, State House Station #11, Augusta ME 04333 or call (207) 287-2361.



## Personalized Health Care Placement Specialist

Sue K. Jesse, Director

100 Commercial Street  
Portland, Maine 04101  
1-800-287-4019  
207-773-5503

## Perio REPORTS

Bimonthly summaries of periodontal research for clinicians. Easy to read format keeps you up to date on the latest information. Journals reviewed include:

Journal of Periodontology  
Journal of Clinical Periodontology  
Journal of Periodontal Research  
Journal of Dental Research  
Periodontal Abstracts  
Quintessence International  
J of Periodontics and Restorative Dent  
JADA, JADHA  
and many more

Please send sample issue

- \$32 one-year  
 \$56 two-year

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Mail to:  
Perio REPORTS, P.O. Box 30367  
Flagstaff, AZ 86003-0367

## ADHA Appoints Executive Director

Chicago — Stanley B. Peck - a veteran of over 30 years of health care policy and association management — has been named executive director of the 30,000-member Chicago-based American Dental Hygienists' Association (ADHA).

Peck, who has a background in health care policy, legislation and financing; cost containment; and managed care will joined ADHA on November 1, 1993.

"ADHA is committed to representing dental hygiene interests in the health care reform process. The organization has been very active in getting the word out to the public policy decision-makers that dental hygienists are uniquely qualified to deliver safe, effective and cost-effective oral health care to consumers.

"It's essential that dental hygienists continue to be heard as health care reform messages are debated in Congress and as a plan is implemented."

Most recently, Peck was vice president for Health Insurance Association of America, located in Washington, D.C. He joined HIAA in 1959, serving in a number of capacities, including statistician, director of the consumer and profes-

Continued on Page 6

**MED SERVICE CORP.**  
**E** 25 Falmouth Road  
**N** Falmouth, Maine 04105  
**T** Tel: (207) 781-2293

*#1 in Service . . .  
We Guarantee It!*

*36*

*We offer all major lines  
of dental equipment, including  
A-dec, Air Techniques, Den-Tal-Ez, etc.*

## From the leader in home fluoride therapy comes FluoroCare®...

*...the widest range of  
office topical fluorides.*

From the easy to use Dual  
Rinse to the convenience  
of Time Saver Gel,  
FluoroCare will meet all  
your office topical needs.

For more information  
or to order call  
**1-800-225-3756**



**Colgate**  
Oral Pharmaceuticals

sional relations division, vice president of member services division and vice president of insurance, managed care and provider relations.

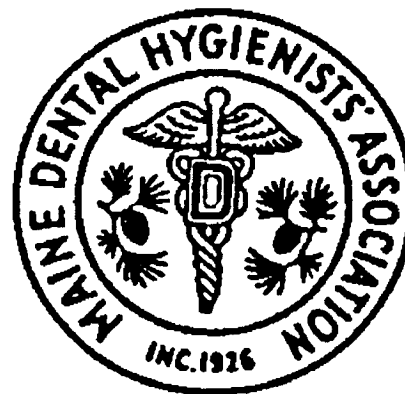
Peck has been a member of the boards of governors and boards of trustees of a number of health organizations and institutions, including Flushing Hospital and Medical Center, the National Commission of Nursing Implementation Project, the Community Health Accreditation Program and the American Health Planning Association.

He also has served on the U.S. Health and Human Services Department (HHS) Commission on Nursing, as a consultant to the National Cancer Institute and as chairman of the Prospective/Incentive Reimbursement Project of South Carolina, conducted under the auspices of a U.S. Department of Health, Education and Welfare (HEW) grant.

Currently, Peck is a fellow of the American Public Health Association, an honorary life member of the American health Planning Association and a member of the National Press Club.

Peck also was a adjunct professor at the New School for Social Research in New York City, and is a visiting lecturer at Temple University in Philadelphia. He is a frequent speaker on various aspects of the financing and delivery of health care and the author of a number of articles on health insurance and health care costs.

"The unanimous selection of Stanley Peck from a field of well-qualified candidates solidifies the board of trustees' progressive commitment to position dental hygiene as a major profession in the oral health care delivery system," says Sarah A. Turner, RDH, MAE, president of ADHA. "Stanley's breadth of knowledge about health care, as well as his abilities to organizational management, will enhance ADHA's opportunities in the health care arena — today, and in the future."



### *Constituent Officers' Workshop*

I had the pleasure of traveling to Chicago for a week end in November as President-Elect from Maine to attend the Eighth Annual Colgate/ADHA Constituent Officers' Workshop. This opportunity was made possible by the generosity of Colgate Oral Pharmaceuticals.

It truly is an exhilarating experience to spend the week end with knowledgeable hygienists from around the country. All fifty states were represented. Topics generating the most discussion included National Health Care Reform Act, national and state legislation, ethics, continuing education and finances. These discussions continued into the evening, while dining around the city. The deep dish Chicago pizza gets my vote.

This weekend afforded us first hand to meet with our ADHA officers and staff. The tour of ADHA headquarters made a great impression on us all. We saw first hand the dedication to the profession of dental hygiene.

During the workshop portion of the program, we were introduced to the new Executive Director Stanley Peck. He brings an extensive knowledge from the health care insurance arena which will be great benefit to ADHA.

While flying home to Maine, I reflected on my weekend and concluded that it is indeed an exciting time to be an active member in our professional dental hygiene organization. I encourage everyone to become involved. MDHA WANTS YOU!!

Kris Blaisdell, RDH  
MDHA President-Elect

**Sample Letter to Senators and  
Representatives Regarding National  
Security Act**

**Senators**

Sen. William S. Cohen  
SH-322 Hart Senate  
Office Building  
Washington, DC 20510-1901

Sen. George J. Mitchell  
SR-176 Russell Senate  
Office Building  
Washington, DC 20510-1902

**Representatives**

**1st District**

Rep. Thomas H. Andrews  
1530 Longworth House  
Office Building  
Washington, DC 20515-1901

**2nd District**

Rep. Olympia J. Snowe  
2268 Rayburn House  
Office Building  
Washington, DC 20515-1902



Dear

I am sending you this letter to express my support and to request your support for the Health Security Act. This legislation will provide a mechanism for all Americans to access comprehensive and affordable health care.

As a health care provider (dental hygienist), and a consumer of health care, I am well aware of the need to reform the current health care delivery system to accomplish universal access to quality health care. The patchwork of financial access packages in our current delivery system has led to two fundamental problems:

- health care costs of over 14% of the Gross National Product that continue to grow
- the growing number of Americans who have limited or no financial access to health care

This legislation does not guarantee that health care costs will decrease. It does have incentives to contain the rate of growth in costs. The final cost analysis will take many years, but we must begin to contain the rate of growth of costs. Today, 37 million Americans are uninsured. Many of these people currently access health care through the emergency rooms of hospitals. This has enormous dollars costs, and health benefits costs for America. Many of these costs will decrease with adequate preventive and early intervention care.

All Americans are entitled to a basic package of preventive and primary care benefits, including oral health benefits. The inclusion of financial access to oral health care, including preventive, diagnostic and therapeutic dental insurance and millions more are under insured. Oral health care is essential to general health, and too often an infection in the mouth does not go away without treatment. If untreated, these infections may lead to systemic disease. Prevention of dental disease and early intervention both improve the oral health of Americans and save limited health care resources.

Over the next several months you and all of America will be engaged in debate over the reform of the US. health care system. As a constituent, I urge you to consider my comments and support the Health Security Act.

Sincerely,

1-800-244-9813

**Marlene's Uniform Shop**

Est. 1959

We have added to our scrub line OSHA Approved Protective Apparel, the fabric that seals out moisture-giving it excellent fluid and bacteria resistance.

*Marlene's*

would be glad to send you free scrub catalogs, uniform samples, or make a personal visit to your office.

We also give group discounts!



**MAINE SQUARE MALL, HOGAN ROAD  
BANGOR, MAINE 04401  
(207) 945-9813**

## Community Issues

*Community Issues* is a new column in SCOOP devoted to bringing you information about dental public health issues and activities, especially ones in which private practice hygienists might enjoy becoming involved.

In this column, Sherri Camick, RDH, Program Director of the Washington County Child & Youth Board's Dental Program, writes about a Dental Health Month event appropriate for your office, your home, your child's school or even a long term care facility. Perhaps you will be able to implement these ideas into your own community.

Debbie Andrews, RDH, BS

### The Scoop on "Sugar OUT Day"

**When:** Any day during the week of February 1994

**Where:** Maine Elementary Schools

**Sponsors:** Maine Department of Human Services, Bureau of Health, Division of Dental Health, Maine Dental Hygienist's Association, and the Maine Dental Association

"Sugar Out! and Your Smile Will Thank You". That has been the motto in Washington County on the first Wednesday in February for the past nine years. Since 1985, the Washington county Child and Youth Dental Program (WCCYDP) and the Washington County Dental Society have cosponsored an annual Sugar Out Day in celebration of national Children's Dental Health Month.

The purpose of Sugar Out Day is to involve schools in a Children's Dental Health Month activity that would raise awareness of the role of sugar and oral health and promote healthy dental practices. Every year, through invitational letters, press releases, and posters, all Washington County elementary schools are encouraged to observe the day by eliminating as many sugary foods and snacks from the school day as possible. To have a successful day, participating schools involve food service programs and inform parents of activities. During some years, the Washington County Legislative Delegation has even officially designated the day. More recently, the invitation to participants has been extended to Washington County Head Start sites and preschools.

The idea for a Sugar Out Day began in 1985 with Susan Drew, RDH, director of the WCCYDP at the time. When Sherri Camick became director of the program in 1988, she continued this county-wide activity.

Some of the past Sugar Out Day activities have included classroom dental health lessons, bulletin board displays,

library displays, a sugar out watch dog in schools, sugarless snack food parties, dental screenings, sugarless tooth badge awards, poster contests, and dental office tours.

Two years ago, the Aroostook County Action Program's Dental Health Program under the direction of Dianne Williams, RDH, BS, and the Maine dental Hygienists' Association - Northern Component hosted a successful Aroostook County Sugar Out Day with many School Dental Health Education Program (SDHEP) schools participating. Dawn McGinnis, School Nurse and SDHEP Director in Easton, combined Easton Elementary School's Sugar Out Day message with self-esteem and healthy heart activities calling it "Sizzling, Sugarless, Super Kids Day".

This year the Division of Dental Health, MDHA, and MDA have jumped on the band wagon and will sponsor a Statewide Sugar Out Day and poster contest. This information was presented to School Dental Health Education Program Directors at their annual meetings during September and October. There are 285 elementary schools (40% of the elementary school populations) with School Dental health Education Programs. Schools receive a small grant each year from the MDHS, Division of Dental Health to operate the program. Toothbrushes and floss are purchased for distribution twice a year. Many of these schools have participated in the SDHEP for years and have a wealth of educational materials.

This Dental Health Month presents the perfect opportunity for you to get involved with the schools in your communities. Many of the program directors during the fall meetings stated that they would greatly welcome assistance with the planned Dental Health Month activities from dental hygienists but don't know who the hygienists in their areas or how to find them. Consider contacting the school(s) in your area and offering your assistance. It's a lot of fun.

Particulars about Sugar Out Day and the Annual Poster contest can be obtained by contacting the Maine Department of Human Services, Bureau of Health, Divisions of Dental Health, State House Station 11, Augusta, ME 04333, 287-2361. The Division also has a listing of all School Dental Health Education Programs and program directors. For more information about the Sherri Camick at 255-3426

Sherri Camick, RDH

**Central Valley**

The Central Valley Component met Wednesday, November 3, 1993, at the Patten Free Library in Bath. Alexis D'Ascanio, President of MDHA informally gave us an update on national issues. It was very informative and helpful to have someone present to clarify some of the national issues.

We discussed the future of the component. The members who attended felt a study club would be beneficial and well received. I am appealing to the members of the Central Valley Component to contact me if you are interested in forming a study club. I am open to any parameters hygienists would like to set.

We are planning a combined business meeting and continuing education program in March. Dr. Kevin Sullivan will present the CE program. Please watch for more information regarding the March meeting and mark it on your calendar.

Mary Jo Bernier, President  
729-0269

**Mid Maine**

During October several hygienists in the Mid Maine Component area helped out in local Head Start Programs by providing education as well as oral health inspections in the centers. Carol Williams visited five classrooms in Bangor. Ron Eddy visited several centers in Old Town, Lincoln, Lee and the Millinocket area. Louise Hess visited Brewer centers and Cynthia Qualey attended to the Patten area Head Starts. The hygienists all seemed to thoroughly enjoy the experience in the community and the parents, teachers and children loved having the dental health lessons provided for them.

Carol Williams

Janet Sawyer was recognized as "The Maine RDH of the Year" at the District I Workshop held Friday, January 21, at The Conference 1994 in Boston, MA.

Janet has served as MDHA Vice- President and President, Alternate Delegate and Delegate to ADHA's Annual Session and as SCOOP Editor. She has also served on the Council on Dental Practice for ADA. Janet and her husband Dr. Ansley Sawyer live in the Augusta area with their two children. Even though Janet no longer holds office with MDHA she is always willing to help out in any possible way. She truly exemplifies a person who is committed to the profession of dental hygiene and to the continued success of MDHA as a growing progressive organization.

MDHA congratulates Janet and will recognize her at our own Annual Meeting at the Samoset Resort in Rockport on June 17, 1994.

**Procter & Gamble**

**CATHERINE STIMPSON**  
Section Manager  
Professional Sales/Health Care Products  
(800) 553-5075

The Procter & Gamble Distributing Company  
2 Procter & Gamble Plaza  
Cincinnati, Ohio 45202-3314

**"Excellence through Innovation"**

**CREST COMPLETE TOOTHBRUSH**

**CREST**

**PERIDEX**

**SCOPE**

**"The Scoop About SCOOP"**

MDHA regretfully announces the resignation of SCOOP Newsletter Editor, Lucy Heilshom-Cooney as of December. Lucy and her husband John have relocated to the Middlebury, Vermont area due to an exciting job opportunity for John. MDHA thanks Lucy for all her time, efforts, creativity and commitment she gave to SCOOP. We will miss her very much.

We would also like to apologize to subscribers and advertisers alike for the tardiness of the Winter issue. We are in the process of getting back on track!

## Continuing Education Committee

The Continuing Education Committee met October 27, 1993. The committee reviewed the success of the fall courses and have received very positive feedback from those who attended.

The winners of MDHA gift certificates were; Kathy Martin and Connie Haley (Portland, 9-24-93), Barb Preutiss and Lorriane Smith (Bangor, 10-1-93), and Elizabeth Jaliesn and Barb Hull (Portland, 10-6-93). CONGRATULATIONS!!!

Dr. Robert Mitchell who specializes in treating TMJ disorders and facial pain will be presenting our Spring course - "TMJ Update". The course will be held in Portland, April 1, 1994, at the Dana Center in the Maine Medical Center. 8:00 to 8:30 AM is registration. The course begins at 8:30 AM and runs until 12:30 PM.

In Bangor the course will be held April 8, 1994, at the Ramada Inn. Registration is 8:00 to 8:30 AM, the course begins at 8:30 AM and run until 12:30 PM. Both courses provide four (4) CEU's in Category 1.

For more information please call:  
Renita Cloutier 892-6691  
Sue Lindsay 879-0817

We are forging ahead to schedule the 1994-95 courses. Again, we appeal to the membership for input, either on topics you would like or speakers you may know or for any hygienists interested in serving on the Continuing Education Committee.

Mary Jo Bernier 729-0269  
Reneta Cloutier 892-6691

## WELCOME

### New Members

Sharon A. Blair - Gardiner  
Holly Eva Brown - Scarborough  
Kelly Anne Cassum - Bangor  
Jennifer D. Fecteau - S. Portland  
Paula E. Fitzpatrick - Gorham  
Tina Lynn Henderson - Portland  
Abigail B. Kuhn - Ellsworth  
Kathleen V. Ladner - Casco  
Penny M. Levesque - Van Buren  
Amy L. Lewis - Portland  
Sheri d. Michel - Arundel  
Anne E. Miles - Presque Isle  
Stephanie Joyce Mitchell - Phillips  
Kim G. Prokopchuk-Trotz - Orrington  
Heather Lynn Rokowski - Gorham  
Priscila A. Tiet - Lisbon Falls  
Kathleen C. Vachowski - E. Stoneham  
Susanne J. Van Soest - Bangor  
Kate Hayden Welch - Portland

## Maine Favorites



*A collection of recipes from  
the  
Maine Dental Hygienists'  
Association*

*1994 Fundraiser*

*\$8.00*

An  
excellent gift idea for  
• Christmas • showers  
• birthdays  
• mother's day • father's day

Call 655-3935 to order.

## Maine Board of Dental Examiners

The Maine Board of Dental Examiners Meetings are being well attended as of late by both representatives of MDA and MDHA. The topic of Local Anesthesia was put upon the agenda for the December 10, 1993, meeting and this of course stimulated interest and attendance. The Dental Board will now form their own small task force to compile information and arrange for various people or groups to present material to the board. The board wishes to approach it cautiously and to gather information and view all aspects of this concept thoroughly and carefully. If you have any comments regarding this matter please contact board members.

The Winter Dental and Dental Hygiene exams were given December 13-15, 1993, at seven universities throughout this region. I went to New York University where there were over 200 dental candidates and 36 dental hygiene candidates taking the exam. It always is an interesting experience to see the other schools and interact with the various other dental professionals of the region.

Carol Williams  
Board of Dental Examiners

**WC SADHA**

Our SADHA group has been very busy of late with fundraising efforts. A cookbook has been put together and is for sale. Please contact Kneka Pelletier or Kim Herbert if interested in purchasing one. The fundraising efforts are to insure representation at the Spring Northeast Regional SADHA meeting in New Jersey and as a result of the efforts many students were able to attend The Conference 1994 in Boston, MA in January. At The Conference 1994, Advanced Clinical student Maria Smith was a presenter during the Table Clinics Presentation. Other accomplishments include a very successful Blood Drive this fall in conjunction with the Portland Chapter of the Red Cross.

**About this Issue**

SCOOP is published 4 times per year and is a benefit of belonging to the Maine Dental Hygienists' Association. Non-members may subscribe to SCOOP for \$20.00 per year. To subscribe, please send a check in the amount of \$20.00 payable to MDHA/SCOOP, and mail to Christina Corbin-Price, RR 5, Box 702, Gorham, ME 04038.

# HYGIENISTS

*Are you interested in*

- *Earning what you're worth?*
- *Diversification?*
- *Planning for retirement?*
- *Having more fun?*

I'm looking to identify four hygienists to work in a young and dynamic Network Marketing company that complements our profession - Oxyfresh USA, Inc.

Oxyfresh provides an opportunity for hygienists to recommend a unique and effective oral hygiene program, and at the same time share in the company profits.

It's a part-time commitment that allows you to retire with full pay to fulfill your life purpose with no financial worries or regrets.

If this sounds interesting to you... if you'd like to explore the possibilities call Pam Delehanty, RDH, at  
1-800-999-9551, x. 871.

**Oxyfresh™**

## *The Uniform Shop, Inc.*

Featuring BASIC and DESIGNER SCRUBS  
tops, pants, dresses, and jackets

We carry a complete line of  
**white uniforms, labs, shoes,  
hosiery, and accessories**

Union Station Plaza  
288 St. John Street  
Portland, Maine 04102  
Telephone (207) 774-9312  
Toll Free 1-800-439-9312

Bring this ad in and receive  
**25% off ONE ITEM!**

Store Hours: Mon. thru Sat. 9:30-5:30

### **Placement Service**

Thinking about a change in jobs? MDHA's Placement Service may be able to help you. For six months, your name will be registered with the service. You will receive a list of dentists seeking a hygienist and your name will be sent to those dentists listed with the service. This service is free to members of MDHA but is available to non-members for \$10.00 for six months. If you do not want your name circulated, there is a \$5.00 fee to cover associated expenses. For more information, contact: Michel Scott Susina, RDH, P.O. Box 363, So. Harpswell, ME 04079, 833-5383.

### **Help Wanted**

Hygienists needed to help with various tasks at Annual Meeting, June 17th and 18th. Help with registrations, room monitors, manning the MDHA booth in the exhibit hall and selling raffle tickets are a few areas where help is needed. If interested contact Michelle Gallant, 16 Alexander Drive, Rockport Maine, 04856. Telephone number (207) 236-9519 or Kristine Blaisdell, 10 Tall Pine Road, Cape Elizabeth Maine, 04107, (207) 799-0484

### **Change of Address?**

Please keep your address current with the Maine Board of Dental Examiners Office or you will not receive important information from the state and may be subject to a fine. Call Irene Boucher today at 287-3333. If you are a member of ADHA / MDHA then you should also call 1-800-243-ADHA and let them know your new address and phone number. ADHA will forward your new address to all publications on the state and national levels (including SCOOP).

M

Bulk Rate  
U.S. Postage  
PAID  
Permit #44  
Portland, ME

the scoop  
Alexis D'Ascanio, President  
PO Box 741  
So. Casco, ME 04077

## FACTS

### Why RDHs Buy CE From ADHA

1. An overwhelming 98% of CE purchasers within the last year were satisfied and would buy another course.
2. A library of 14 CE titles allows variety in topic selection
3. ADHA self-study courses offer the flexibility to study at the RDH's convenience.
4. ADHA is one of the most highly recognized authorities on scientific and practice information for dental hygiene.
5. ADHA guarantees total satisfaction.

Call for a brochure today. (800) 243-2342



American Dental Hygienists Association  
444 N Michigan Avenue Suite 3400  
Chicago, Illinois 60611  
(312) 440-8900

# We deliver.

Patterson has fast product delivery, expert technical service, computerized office design and knowledgeable equipment specialists ready to assist you.

When it comes to customer service, nobody works harder than Patterson.

Portland Branch  
Boston Branch  
Tooth Department

1-800-639-1801  
1-800-842-5355  
1-800-842-1300

**PATTERSON**  
Patterson Dental Company