

the SCOOP

a quarterly newsletter of the maine dental hygienists' association

special edition • fall 1993

President's Message

As autumn fast approaches, the animals are scurrying to ready themselves for the winter ahead and the MDHA Executive Board Officers and Committee Members are doing the same. We are gearing up for a very big year. With yet another successful Annual Meeting behind us, we are already in the throws of planning our first annual "Fall Connection". This meeting, to be held October 23 & 24 in Portland, will host a variety of workshops and a continuing education program. Each year the location of this meeting will change so as to better accommodate all hygienists statewide.

Committee members are already at work planning for our 68th Annual Meeting to be held again at the Samoset Resort in June 1994. We are looking for fresh ideas and new faces to join in the preparation. We need your help to continue to provide quality continuing education programs and perhaps add some entertainment to our meetings. If you are interested in devoting a little of your time to either the Annual Meeting or the Fall Connection Committees please call Kris Blaisdell (799-0484) or Michelle Gallant (236-9519).

MDHA's four components around the state have gained new momentum and we are pleased to note that several of our component officers are recent graduates of University College. It is very exciting to see the commitment and dedication of these new officers. There are also a few new components in the works which MDHA will be considering at our business meeting at the Fall Connection. It is my intent to attend a meeting of each of the components this year.

MDHA's membership is also on the increase. Our membership now stands at 194 registered dental hygienists. We are closing in fast on a 25% representation among hygienists statewide. Congratulations and welcome to all of our newest members and sincere thanks to our veteran members for their continued support. Our strength lies within our members and to insure our continued success we look to non-members for their support. If you have any questions regarding membership in MDHA/ADHA please feel free to contact any executive board member. (See page 2 for names and numbers.)

The American Dental Hygienists' Association is celebrating its 80th year in 1993 and to commemorate this anniversary, October will be recognized as *National Dental Hygiene Month*. (In the past we recognized dental hygiene week in October.) Many activities are being planned both on the component and constituent levels. I have submitted a gubernatorial proclamation to Governor McKernan which he will announce next month.

In closing, I would like to remind you that we have a very substantial year ahead and I urge you to volunteer a little of your time, energy and enthusiasm to MDHA. There are many ways to become involved. Start by becoming a member and seize the opportunity to be a part of the future of your profession.

Alexis R. D'Ascanio, RDH,BS

Celebrate National Dental Hygiene Month
with MDHA at

The Fall Connection

October 23 & 24, 1993
The Embassy Suites Hotel
Portland



MDHA Business Meeting
Continuing Education Program
SADHA Workshop
Legislative Workshop
Strategic Planning Workshop

Join us for a chance to voice your opinions on the future of dental hygiene in the state of Maine.

The Fall Connection brochure will contain details about the above programs and is being mailed separately from this issue of SCOOP. If you do not receive your copy, or would like additional information about the Fall Connection, please call our contact person, Michelle Gallant, at 207-236-9519.

On Wednesday, October 13th, Governor John McKernan will sign a proclamation declaring October 1993 as Dental Hygiene Month in Maine. MDHA Executive Board Members will travel to Augusta to witness the signing and visit briefly with the Governor. MDHA is excited to have this opportunity to promote dental hygiene. A press release will be sent out to the local media that day.

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the SCOOP

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The next issue of SCOOP
will be mailed in January 1994
➔ The deadline for
submission of articles &
advertisements is
December 15, 1993.

Your New Officers Maine Dental Hygienists' Association 1993-1994

President • Alexis D'Ascanio, RDH, BS

Alexis is a 1983 graduate of Westbrook College and is currently completing an internship for a Masters Degree in Adult Education and Human Resource Development at the University of Southern Maine. Alexis also works part-time as a clinical instructor at Westbrook College. She and her husband, Michael, live in South Casco with their two children, Nicholas-age 5, and Lauren-age 2.

President-Elect • Kristine E. Blaisdell, RDH

Kristine is a 1968 graduate of Westbrook College. She is currently employed as a dental hygienist with the practice of Dr. William Dennis in Cape Elizabeth. She and her husband, Bruce, live in Cape Elizabeth. They have a daughter, Meredith, who is a 19 year old college freshman.

Vice President • Michelle J. Gallant, RDH

Michelle is a 1990 graduate of University College and is currently employed full-time as a dental hygienist with the practice of Drs. Philip Higgins and Jonathan Goss in Camden. Michelle held the position of MDHA's Secretary last year. She lives in Rockport with husband Shawne, and their two dogs, Max and Roxie.

Secretary • Julie Dickinson, RDH

Julie grew up in Patten, Maine and is a 1990 graduate of University College. She currently lives in Warren and works full-time as a dental hygienist in Glen Cove with Drs. Dougherty, Barbour, Endl and Pier.

Treasurer • Joanna Bradley, RDH, BS

Joanna is a 1991 graduate of University College and has a Bachelor's Degree in Health and Family Life Education from the University of Maine at Orono. She is currently employed full-time as a dental hygienist with the practice of Dr. Wil Vachon in Brunswick. This is Joanna's second year of a two year term as MDHA Treasurer.

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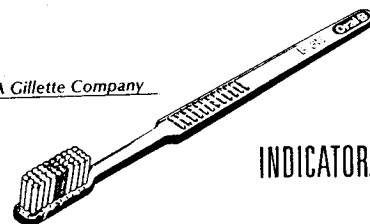
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Iowa Dental Hygienist Installed as American Dental Hygienists' Association President

Chicago— Sarah A. Turner, RDH, MAE, of Waterloo, Iowa, was installed as president of the ADHA on June 15th, during the Association's 70th Annual Session in Denver.

"It is my conviction that the foundation of dental hygiene's future rests in advancing the body of knowledge through practice, education and research that will promote the highest quality of oral health care to the public," Turner says.

To this end, she has been involved on several ADHA councils addressing education and practice issues. She also has worked to increase access to oral health care for the disabled and the poor. To achieve this goal, she has been actively involved in providing individualized educational programs on oral health to patients with brain and spinal cord injuries and to high-risk prenatal clients in the Waterloo, Iowa area.

Turner, who has been a dental hygiene educator for 23 years, currently is coordinator of the dental hygiene program at Hawkeye Community College in Waterloo, Iowa. During her 17 year tenure at Hawkeye, she has chaired several collegiate committees.

Before becoming president, Turner served as ADHA president-elect, first vice president, second vice president, a district trustee and a delegate to the ADHA House of Delegates. In addition to serving as board advisor to ADHA's Council on Education and the Council on Regulation and Practice, she has been on a number of special committees, including chair of ADHA's Special Committee on Ethics, where she was instrumental in planning the first ADHA Conference on Ethics.

In addition to ADHA activities, Turner served on the board of trustees of the Iowa Dental Hygienists' Association (IDHA) for 10 years and also was IDHA president. Turner obtained her master of arts in education degree from the University of Northern Iowa, Cedar Falls, and her bachelor of science degree in dental hygiene from the University of Iowa.

MARK YOUR CALENDARS!

1993-1994 *scoop* deadlines

Submit your articles & advertisements

by the following dates-



December 15 - Winter Issue

March 15 - Spring Issue

May 15 - Summer Issue

August 15 - Fall Issue



mail to:

Lucile Heilshorn-Cooney, Editor
279 Flaggy Meadow Road
Gorham, ME 04038-2020
207-839-9945

Your cooperation with these deadlines is greatly appreciated!

calendar

October 1, 1993
CED, Treating the Malignant Disease Patient, Bangor, Dr. Alan Hickey (4CEUs)

October 1993 National Dental Hygiene Month

October 6, 1993, 6:30-9:00 pm
CED, Orthodontics For the Adult Patient, Michel's EIB Center, Westbrook, Dr. Earl Holdsworth & Dr. Lewis Estabrooks (2 CEUs)

October 15-17, 1993
North American Research Conference, Canadian Dental Hygienists' Asso. Niagara Falls, Ontario

October 17, 1993, 8:30 am-4:30 pm
Third Annual Educational Symposium, Ethics in Oral Health Care, Forsyth School For Dental Hygienists', Boston, MA (6 CEUs)

October 19-21, 1993, 9 am-5 pm
Westbrook College
Clinical Refresher Course
Ellen Beaulieu, RDH, MPH (20 CEUs)

October 23 & 24, 1993
MDHA's Fall Connection,
The Embassy Suites Hotel, Portland

November 5, 1993, 9 am-4 pm
Westbrook College, Implant Technology
Dr. Jeffrey Doss & Dr. Donald Gove (6 CEUs)

November 17, 1993, 6:30 pm-9:00 pm
South Coast Component, Westbrook College D.H. Building, Portland, Advanced Plaque Control, Debra Lyle (2 CEUs)

November 20, 1993, 9 am-11 am
MDHA Executive Board Meeting,
McDonald's Restaurant, Freeport

December 4, 1993, 9 am-1 pm
Westbrook College
CPR for Health Professionals (2 CEUs)

January 15, 1994, 9 am-11 am
MDHA Executive Board Meeting
McDonald's Restaurant, Freeport

January 16, 1994, 9:00 am-12 noon
Westbrook College
Caring & Interacting with Terminally Ill,
Marji Harmer-Beem, RDH (3 CEUs)

January 20-23, 1994
The Conference, Lafayette Hotel,
Boston, Massachusetts

Do you have an event you'd like to add to our calendar? Please let us know! Send us a postcard with the date, time, location, topic, and name of speaker.
Mail to SCOOP, 279 Flaggy Meadow Rd., Gorham, ME 04038-2020.

☆ new product review ☆

sandra boland, RDH, BS

New on the forefront of dental technology are **Intraoral camera systems**. There are several models available. I have had the opportunity to work with one of the more popular models, the AcuCam, for several months.

A fiber optic camera is placed directly into the mouth and the image is then magnified about 28x on to a color TV monitor. The patient is then able to see for themselves cracked teeth, decay, corroded fillings, perio defects, and more. As a clinician, I feel my diagnostic abilities are greatly enhanced by this tool.

Other autoclaveable interchangeable camera tips are available. There is a tip which does "full smile" images, helpful for ortho or cosmetic dentistry, and another tip which is very thin and used for perio or endo imagery. The AcuCam unit has a printer which produces high resolution color photographs of one or more images. This is

helpful for insurance companies, or for dramatic before and after presentations. There is also a video option to record on tape. The entire system is attractively housed in a mobile cart enabling you to use it in any operatory upon demand.

We take our new patients on a "tour" of their mouths during their initial exam. Preventive care patients get a tour when they request it or if they need restorative work. With a clearer understanding of their dental conditions, patients are better informed to make their best health decisions. Remember, a picture is worth a thousand words.

Our office has been very pleased with the product, both in terms of quality and patient response. For more information, call New Image Industries at 1-800-634-7349.

Local Anesthesia Update

The Maine Dental Association, at their Annual Meeting in June, finally concluded their deliberation on whether or not they support the administration of local anesthetics by dental hygienists. They don't. Though the work done by the MDA Local Anesthesia Committee was thorough and positive, the membership will not support any change in our dental practice act to allow such services.

MDHA, however, still firm in its belief that dental hygiene services would be improved through this function, has petitioned the Maine Board of Dental Examiners to consider their support, at their October meeting. For more information on the meeting date and location contact Kris Blaisdell at 799-0484.

MDHA was represented at a program "Health Professions Regulation in Maine" sponsored by Medical Care Development on September 17th. The workshop provided participants with the opportunity to explore regulatory issues in Maine and the potential to reform Maine's health professions regulatory system to improve health care access. We'll look forward to sharing information with you at the MDHA Fall Connection.

Included in this issue of SCOOP is a questionnaire which will provide the basis for a legislative strategic planning workshop at MDHA's Fall Connection. The workshop will begin with an orientation to the Maine Legislature by former Maine Senate Majority Leader, Nancy Clark. This will include basics as well as how to secure sponsors for your bill and lobbying techniques. Please take the time to complete the form and register for the meeting. It has been designed around your input and we want to make the most of it. We need to design a plan we can work with for the next several years. Don't miss your chance to be included in the workshop.

Marcia Weed, RDH, BS

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community issues

Community Issues is a new column in SCOOP devoted to bringing you information about dental public health issues and activities, especially ones in which private practice hygienists might enjoy becoming involved.

To introduce this column, I'd like to briefly describe what public health is. Simply stated, in public health the community is the patient while in private practice an individual is the patient. Using the example of fluoride, in the private practice setting, the dentist prescribes fluoride supplements to help prevent caries and the hygienist applies fluoride gel treatments and recommends brushing using toothpaste with fluoride. In public health, water fluoridation is the major weapon against caries. The most cost effective preventive measure, fluoridation is easily administered and benefits all age groups and socioeconomic levels. Fluoridation even benefits the 50% of the population who rarely visit a dental office. School-based fluoride supplement programs are among the other public health measures designed to reduce caries.

In private practice, you educate your patient one-on-one. In public health, entire classrooms are taught at one time. Development of educational materials and pamphlets intended for a large audience is a common strategy in public health programs. Of course, there are crossovers. One-on-one patient counseling takes place in dental clinics and a few private dental offices offer classes on specific oral health topics for their patients. These examples illustrate some differences between private practice and public health.

The definition of dental public health, quoted from ADA's Council on Dental Education is "...the science and art of preventing and controlling dental diseases and promoting dental health through organized community efforts. It is that form of dental practice which serves the community as a patient rather than the individual. It is concerned with dental health education of the public, with applied dental research, and with the administration of the group dental care programs, as well as the prevention and control of dental diseases on a community basis."

Some of the current dental public health programs in Maine include programs for the homeless, a school-based sealant program, a Well Child Clinic fluoride supplement program, dental screenings, and encouraging and training oral health team members to include routine tobacco intervention.

Future columns of *Community Issues* will describe the Maine agencies and programs addressing the oral health needs of Maine people. The columns will be written by your colleagues working in these programs.

Debbie Andrews, RDH, BS

(Debbie Andrews is a health educator with the MDHS, Bureau of Health, Division of Dental Health and coordinates the state-wide School Dental Health Education & Fluoride Program.)

• • •

A group of dental hygienists and educators working in public health started meeting last year. The next meeting will be held in Portland City Hall on October 7th from 9am to noon (plus lunch). Chris Prue, MDPH, Health Promotion Services Manager for the City of Portland, will discuss past, current, and future trends in public health as they relate to oral health. She will also tell us about the latest in social marketing. We will have the opportunity to learn about Portland's extensive oral health programs and network among ourselves. For more information or to register please call Debbie Andrews at 287-2361.

SADHA -University College

We had many fund-raising activities during our second semester in order to reach our goal of attending the April Northeast Regional SADHA Convention in Connecticut. Fund-raising activities included vending toothbrushes, "Absolute Hygiene" T-shirts, microwave popcorn, and raffle tickets for various donated crafts by some of our members. Our hard work paid off and we sent 8 representatives to the convention.

We are pleased to announce that three of our representatives from District I received an honorable mention for their table clinic on Tetracycline Therapy in use with Periodontal Disease. Congratulations to Tricia Nixon, Stephanie Mitchell, and Sharon Deschaine.

In July, Danielle McAloon (the University of Maine SADHA member who won District I representative) went to Denver, Colorado for the ADHA Annual Session. While there, Danielle decided to run for the Speaker of the House for Student Delegates. Danielle and her wonderful speaking abilities convinced everyone that she would be a great speaker and she was voted in as Speaker of the Student House of Delegates. Congratulations Danielle, we're proud of you!

This fall we will begin fund-raising activities in hopes of once again attending The Conference in Boston. -Ann Henricks

-Westbrook College

With energy and enthusiasm, SADHA has many objectives and goals to accomplish this year. Our first goal is a community service project. We are currently in the process of planning a blood drive in conjunction with the Red Cross.

A Big Sisters' Mentor Program has also been started this year. Each incoming freshman and pre-clinical dental hygiene student has been assigned a Big Sister for the year to help with any questions or problems they may have.

We are also organizing fund raisers to send representatives to the Spring 1994 Northeast Regional SADHA Conference in New Jersey.

If you wish to relay ideas, please contact Marji Harmer-Beem or Ruth Collard at 797-8999; or by mail: Westbrook College, Attention: Dental Hygiene-SADHA, 716 Stevens Ave., Portland, ME 04103.

This year's SADHA officers include:
Co-Presidents: Kneka Pelletier and Kim Hebert
President-Elect: Jennifer Thibeault
Treasurer: Bethany Cassidy
Corresponding Secretary: Julie Morin
Historian: Amy Desjardins

Sigma Phi Alpha The Dental Hygiene Honor Society

Since 1958, the dental hygiene profession has had a national honor society, Sigma Phi Alpha. Its purpose is to promote, recognize and honor scholarship, service and character in dental hygiene.

Westbrook College and the University of Maine are among the 100 schools having chapters in the Society. Westbrook has had a chapter for many years while the University of Maine just formed a chapter in 1991. Usually two graduates are elected to each chapter annually based on academic excellence as well as potential for professional growth. In addition, people who have made outstanding

contributions to the dental hygiene profession can be selected as Honorary Members. Faculty who organize and support Sigma Phi Alpha may also join.

Nationally, there are approximately 4000 members of Sigma Phi Alpha. They promote excellence in the field of dental hygiene by providing scholarships, offering continuing education, participating in community service and supporting SADHA. Maine Sigma Phi Alpha members meet annually during the Maine Dental Hygienists' Association Annual Meeting at the Samoset Resort in June. Honorary Membership recognition and offering courses for continuing education credit are being considered. Throughout years of change in the dental hygiene field, we can be proud of this organization which has continuously encouraged the highest standards that a profession can hold.

Ann E. Curtis, RDH
President, Sigma Phi Alpha
581-6074

Forsyth School for Dental Hygienists' Third Annual Educational Symposium:

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- * Accountability in the Delivery of Care *
- * Treating Medically Compromised Patients *
- * Delivery of Care to Multicultural Patients *
- * Review of the *Americans with Disabilities Act* *
- * Access and Quality of Care for Special Patient Groups *

Featured Speakers

Pamela Zarkowski, RDH, MPH, JD
University of Detroit-Mercy Dental School

Mary Clarke, JD
AIDS Action Committee, Boston



Sunday, October 17, 1993
9:00 am until 4:30 pm
6 CEUs

Location:
Forsyth School for Dental Hygienists
140 The Fenway / Boston, Massachusetts
(please note location change)

Donation to School: \$75
(Luncheon at Northeastern Univ. Faculty Club Included)
All dental professionals invited

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For Registration Information

Component News

The **South Coast Component** is hard at work planning a season of educational programs for hygienists in the area. A planning meeting is scheduled for the first part of October. Anyone with suggestions- please give an officer a call.

We are planning three programs for the 1993-1994 year. The topics of the winter and spring programs have yet to be decided. The fall program is "Reaching New Dimensions with Advanced Plaque Control" presented by Debra Lyle of Teledyne Waterpik at the Westbrook College Dental Hygiene Building on Wednesday, November 17th, 1993. Registration will be from 6:30-7:00 pm and the program will be from 7:00-9:00 pm (2 CEU's). Please call Marji Harmer-Beem for more information.

The new officers for the 1993-1994 year are:

- Marji Harmer-Beem - President: P.O. Box 120, So. Freeport, ME 04078, H 865-6641, W 797-8999
- Amy White - President-Elect: 294 Spring St., Portland, ME 04102, H 883-7674
- Patty Whitcomb - Secretary / Treasurer: 22 Longfellow Dr., Cape Elizabeth, ME 04107, H 767-3031

The **Mid Maine Component's** first meeting will be a business meeting to plan the upcoming year. The meeting will be on Tuesday, September 28th at 6:30 pm in Lincoln Hall.

The new officers for the 1993-1994 year are:

- Kelly Cassum - President: 43 Birch St., Apt. 3, Bangor, ME 04401, H 945-6615
- Dorothy Stuart - President-Elect: 34 Bruce Rd., Bangor, ME 04401 H 947-3763
- Tricia Nixon - Secretary / Treasurer: 43 Union Street, Longrail Park, Bangor, ME 04401, H 945-4099

The **Central Valley Component** is planning two meetings for the 1993-1994 year. The first, offered this fall, will start with a business meeting and follow with a presentation by Alexis D'Ascanio, MDHA President (1CEU, Category II). In early spring Dr. Kevin Sullivan will speak on orthodontics. There will be a reception before the meetings with coffee, tea, and dessert served.

We hope all the hygienists in the Central Valley will make attendance at the meetings a priority. There will only be two meetings this year, both held at the Patten Free Library. Specific dates and times to be announced.

The new officers for the 1993-1994 year are:

- Mary Jo Bernier - President: P.O. Box 677, Brunswick, ME 04011, H 729-0269
- President-Elect: OPEN
- Jennifer Marden - Secretary / Treasurer: RR 1, Box 668, Boothbay, ME 04537 H 633-6212

News from Tennessee

Hello Maine! Just a note to stay in contact with you all. . . My husband and I arrived in Tennessee with our dog on July 4th. The month of July was the hottest on record here with temperatures averaging 100 degrees daily. It is very pretty here with lots of new places to explore. Plenty of shopping malls and attractions such as Dollywood (a western version of Busch Gardens). East Tennessee is a great vacation spot for anyone. Let me know if you are planning a visit to the area.

I'm finally licensed to practice dental hygiene in Tennessee after having a casual interview with a board member and an exam. From there I sent out resumes and had several interviews. On August 11th I started a job in Knoxville that will be very challenging. The office is "state of the art" and came with many recommendations from a hygienist that I connected with down here. There are two dentists and a very friendly staff. Everyone has computers in their operatory to keep all patient information updated. It is all very different from what I am used to but will be a refreshing challenge.

I'll keep in touch to let you know what's up with Tennessee DHA (who was very helpful in my job search, etc.) and I look forward to hearing about Maine.

-Warm regards,
Anne Harris, RDH

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Call for Nominees !

It is time to announce the call for nominees for the Warner-Lambert / ADHA Award and the RDH of the Year Award.

The Warner-Lambert / ADHA Award for Excellence in Dental Hygiene is a prestigious award program designed to honor dental hygienists who have demonstrated outstanding excellence in the profession of dental hygiene. You need to simply review the criteria for the award (see page 13) and then forward the names of appropriate candidates to Central Office at ADHA. Nominees will then be asked to submit a personal data form detailing ways in which they meet the criteria. An Awards Committee consisting of five past presidents of ADHA will recommend a finalist to the Board of Trustees, who will then make the final awards. ADHA must receive nominations in Central Office no later than November 1, 1993.

Nominations are also being accepted for the RDH of the Year Award. This award goes to an outstanding dental hygienist from each state in District I. The award winners will be honored in January at "The Conference", to be held again at the Lafayette Hotel in Boston. The Maine RDH of the Year Award Winner will also be honored in June at the MDHA Annual Meeting at the Samoset Resort in Rockport.

Candidates for the RDH of the Year Award must possess the following qualifications in order to be nominated: MDHA / ADHA member for ten years or more, active in promoting dental health, and dedicated to the profession of dental hygiene in the state of Maine. Nominations must be received no later than November 1, 1993, in brief written format and mailed to Alexis D'Ascanio, President, MDHA, P.O. Box 741, So. Casco, ME 04077. Please call 655-3935 for more information.

These awards are significant and lend support and recognition to those outstanding individuals in our profession who strive for excellence.

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Continuing Education Committee

It's time to think about obtaining continuing education credits. The Continuing Education Committee has a stimulating '93-'94 schedule. We are fortunate to have excellent specialists willing to share their expertise with us.

The schedule is as follows:

- Dr. Alan Hickey - 4 CEU's / half day program, Michel's EIB Center, Westbrook (this location was changed from Maine Medical Center), September 24, 8:00am-12:30pm and Bangor, October 1st, 1993. Dr. Hickey will be speaking about dental treatment for the chemotherapy, radiated patient. This will also include information on hyperbaric treatment.
- Dr. Holdsworth and Dr. Estabrooks - 2 CEU's / evening program, Dana Health Education Center, Maine Medical Center, Portland, October 6, 6:30-9:00 pm. Dr. Holdsworth and Dr. Estabrooks will speak about adult orthodontics. Some cases will involve orthognathic surgery.
- Dr. Robert Mitchell - 4 CEU's / half day program, Portland, April 1st, and Bangor, April 8th 1994. Dr. Mitchell will present an update on TMJ Syndrome.

The CED Committee will meet in September to begin planning the 1994-1995 schedule. If anyone has particular interests, suggestions for topics or speakers please feel free to contact us.

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Marcia Weed Appointed to ADHA Council

ADHA President, Sarah Turner recently appointed MDHA past president, Marcia Weed to the Council on Annual Session / Association Policy and Bylaws. The purpose of the council is multifold, with a focus on the consideration by the ADHA House of Delegates of association policy and bylaws and how that process is facilitated. This includes assigning delegate counts to each constituent, auditing the policy manual to include newly established and amended ADHA policy as approved by the HOD. They also consider and revise the Reference Committee facilitation and many aspects of the day to day organization of the process of the HOD.

This appointment will include a three day work session in Chicago in April which is reputed to include 14 hour days! The appointment is for one year, but you may be reappointed as a member or chair of the council.

Marcia looks forward to this experience on the national level and thanks Cathy Turbyne, Helena Gallant-Tripp and Susan Mercier for their support in her seeking this position.

About this Issue

This special edition of SCOOP has been mailed free of charge to all registered dental hygienists in the state of Maine. SCOOP is published 4 times per year and is a benefit of belonging to the Maine Dental Hygienists' Association. Non-members may subscribe to SCOOP for \$20.00 per year. To subscribe, please send a check in the amount of \$20.00 payable to MDHA/SCOOP, and mail to Christina Corbin-Price, RR 5, Box 702, Gorham, ME 04038.

Help Wanted!

Speakers needed for 1993-1994 Maine Tar Wars Program

We're back again for our second year of the Maine Tar Wars Program. (This year starting a little earlier.) Tar Wars is a pro-health educational program and poster contest for fourth graders in the state of Maine. Health care providers become teachers for one hour as you present a curriculum that focuses on: the short term and long term effects of tobacco use, reasons people smoke and image of tobacco use- how tobacco is advertised and promoted.

Students create counter advertising posters as follow-up to the presentation, with the top two posters from each school being sent on to the state contest. Local companies provide prizes for our state contest. Amanda Sawyer from the Hussey School in Augusta, last year's grand prize winner, won a family trip for four to Disney World from Alpine Travel and Continental Airlines.

Please join us in discouraging our Maine Youth from using tobacco. Becoming a speaker is easy! Just enclose the information requested below. Downeast Doctors Ought to Care will send you the curriculum and support material and the school will call you to set up a convenient time for you to speak in the classroom. The program is great fun for all involved. Students are enthusiastic and look up to you as an expert!

Please mail us your name, address, phone number, and the school(s) you'd prefer to speak at. Send to:

Janie Smith, DOC/Tar Wars
16 Hayward St.
Bangor, ME 04401
942-8817

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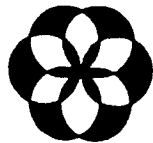
I'm looking to identify four hygienists to work in a young and dynamic Network Marketing company that complements our profession - Oxyfresh USA, Inc.

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1-800-999-9551, x. 871.

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Announcing The 1994

Warner-Lambert/ADHA Awards For Excellence In Dental Hygiene

Once again, the Warner-Lambert Company Joint Oral Health Group and the American Dental Hygienists' Association (ADHA) will honor six exceptional dental hygienists who exemplify the six roles of dental hygiene. Eligible nominees must have incorporated the roles of administrator/manager, change agent, clinician, consumer advocate, educator/health promoter, and researcher in their practices or areas of responsibility. Nominees must also demonstrate that they have utilized the skills and knowledge appropriate to the six roles in effecting change. The roles are described as follows:

- **Administrator/Manager:** Utilizes data; communicates objectives; applies organizational skills; identifies and manages resources; and evaluates and modifies programs of health, health education, or health care.
- **Change Agent:** Analyzes barriers to change; develops mechanisms to effect change; and implements processes, and evaluates the success of programs that promote health for individuals, families, or communities.
- **Clinician:** Assesses, plans, implements, and evaluates treatment for prevention, intervention, or control of oral disease while working independently or in collaboration with other professionals.
- **Consumer Advocate:** Influences legislators, health agencies, and other organizations to bring existing health problems and available resources together to resolve problems and improve access to care.
- **Educator/Health Promoter:** Utilizes educational theory and methodology to analyze health needs; develops health promotion strategies; and delivers and evaluates the results in attaining or maintaining health.
- **Researcher:** Applies the scientific method to select appropriate therapies, educational methods, or content; interprets and applies findings and solves problems.

The six dental hygienists selected for these prestigious awards will each receive a cash award of \$2,500 and be provided with a two-night, all expense-paid trip to the 1994 ADHA Annual session in Philadelphia. Winners will be honored at a special annual session awards luncheon on June 12, 1994.

Nominees must meet the criteria outlined below to be eligible for the awards. A specially appointed committee consisting of ADHA past presidents will recommend nominees to the board of trustees who will select the winners. The committee will make recommendations only when a nominee demonstrates outstanding achievements.

Take this opportunity to nominate deserving dental hygienists. Identify colleagues who are contributing to the growth and development of the profession. If you wish to nominate more than one person, please submit each name on a separate sheet. Send nominations to:

American Dental Hygienists' Association
Executive Office

444 N. Michigan Avenue, Suite 3400
Chicago, IL 60611

Submissions must be received no later than
November 1, 1993.

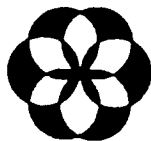
Nominees will be sent a personal/professional data form/application. These forms must be completed and sent to ADHA's central office by December 10, 1993. The awards committee will recommend nominees to the board of trustees, who will select the winners by March 2, 1994. Award recipients will be notified shortly thereafter.

Criteria

- Hold current membership in ADHA.
- Demonstrate evidence of active involvement in ADHA and its constituents.
- Exhibit evidence of leadership in and the advancement of dental hygiene as a profession.
- Provide evidence of a minimum of seven years of professional dental hygiene experience.
- Demonstrate commitment to lifelong learning.
- Provide documented evidence of the incorporation of the six roles in a project, practice, or other innovation.

Nominees will be judged on the degree to which they demonstrate the incorporation of all six roles of dental hygiene in their practices or other areas of responsibility.

Note: Members of the ADHA Board of Trustees, ADHA staff, and members of the awards committee are not eligible for nomination.



1994 Warner-Lambert/ADHA Awards Program Nomination Form

I, _____ (please type or print) _____ (NOMINATOR'S NAME) _____ nominate

NAME _____

*HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

(*If you do not know a nominee's complete address, please provide the individual's city and state of residence.)

Nomination must be received by ADHA **no later than November 1, 1993.**

Please send to
American Dental Hygienists' Association
Executive Office
444 N. Michigan Avenue, Suite 3400
Chicago, IL 60611

MDHA Annual Meeting

Hygienists from Presque Isle to York County traveled to the Samoset Resort for the 67th Annual Meeting June 18th and 19th. All who registered and attended the MDHA program received a complimentary bag of samples from generous sponsors. A portfolio notebook with the MDHA logo was also presented to each MDHA member at registration.

We had our open business meeting on Friday morning. Alexis D'Ascanio gave an update on national and state level activities in addition to a summary of the events at Annual Session in Denver from which she had just returned. Marcia Weed gave a legislative update on both the national and state levels.

Volunteers were asked to attend the monthly meeting of the Board of Dental Examiners in Augusta. MDHA would like to show more interest in the function of the Board.

Our "Mid-Winter" Meeting has been changed from the month of March to late October, due to the unpredictable weather and traveling conditions in March. Since we met last in Bangor, this year's meeting will be held in Portland. The dates have been set for October 23rd and 24th at the Embassy Suites Hotel near the Portland International Jetport. The name of the meeting has also been changed from "The Mid-Winter Meeting" to "The Fall Connection". A program for MDHA's first "Fall Connection" will be mailed to all hygienists in the state later this month.

The four components reported that their officer requirements were almost filled and will be meeting this fall. Interest in forming a fifth component was expressed by a group from the mid-coast area. A motion will be presented at the business meeting of the "Fall Connection".

ADHA's membership goal of a 2% increase was met last year and MDHA was presented with a certificate. As of July 22, 1993 MDHA's membership was 194 hygienists and growing. The total number of registered dental hygienists in the state of Maine is currently about 900.

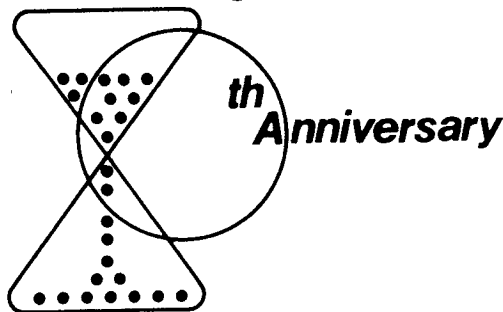
The nomination and election of MDHA's 1993-1994 officers were as follows: Alexis D'Ascanio; President, Kristine Blaisdell; President-Elect, Michelle Gallant; Vice President, Julie Dickinson; Secretary, and Joanna Bradley will finish her second half of a 2 year term as Treasurer.

Anne Harris, now MDHA's Immediate Past-President, closed the business meeting by reflecting on her year as President and formally announcing her upcoming move to Tennessee. MDHA will miss Anne and her dedication to dental hygiene in this state.

Following the business meeting was the Awards Luncheon. Patty Whitcomb was honored as RDH of the Year and installed the newly elected officers. The Catherine Haegarty Memorial Scholarships were presented to Donna McAuliffe and Danielle McAloon. MDHA Membership Awards were presented to Tina Henderson and Tricia Nixon.

At the conclusion of the luncheon, door prizes generously donated by Hu-Friedy were awarded. A Penprobe, Implacare kit, IMS Cassettes, curettes, explorers, and SPAC sets were given out at the luncheon and at the continuing education programs.

Dental Hygiene



There were a variety of topics offered this year for continuing education courses. On Friday, Marianne Rodgers from University of Southern Maine spoke about abuse and neglect. On Saturday, Amy White, a MDHA Past-President, spoke about prescription drugs in the practice of dental hygiene. Sharing Saturday's program was Christine Hovliaras, a Senior Scientist at Warner Lambert Company. She spoke about career opportunities and successful networking strategies to secure career satisfaction.

The weekend concluded Saturday afternoon with the MDHA President's Reception honoring Anne Harris.

MDHA Raffle prizes were awarded as follows:

- One Year ADHA / MDHA Membership (\$168.00 value): Jennifer Fecteau
- Wine and Cheese Basket: Nan Mitton
- MDHA Continuing Education Certificates: Jackie Arsenaault, Vickie Laplant

During the weekend there were many opportunities to make and renew friendships, relax and have fun. I look forward to seeing you all at the Samoset next year.

Kristine Blaisdell
President-Elect, MDHA

ADHA Annual Session

The 70th Annual Session of the American Dental Hygienists' Association took place in the "Mile High City" of Denver, Colorado. The session was packed with exciting events including the Keynote Speaker; Rep. Patricia Schroeder who spoke about women's issues as well as national health care reform.

The state of Maine was very well represented this year with two delegates: Marcia Weed and Anne Harris and two alternate delegates: Alexis D'Ascanio and Kristine Blaisdell. Diane Williams took part in the Poster Session. Several students attended, including Danielle McAloon, Student Delegate from University College who was voted by the student representation to serve as Student Speaker of the House. Congratulations Danielle! Also attending were recent U.C. graduates and past student delegate: Stephanie Mitchell and Tricia Nixon.

Many of the proposed resolutions and by-laws were focused on student issues. For instance, referred to the board of trustees in light of a SADHA Pilot Program, were issues regarding establishing a 6 month dues free membership followed by a 50% reduction in dues for the first renewal year, in the hopes of increasing the SADHA conversion rate. Also referred to the board of trustees was the issue of granting the student delegates voting privileges.

Other items included:

1. Eliminating the position of 2nd Vice-President.
2. Adopting a policy advocating that dental hygiene programs be administered or directed by an educationally qualified dental hygienist.
3. Proposed resolutions to define "dental hygiene" and "oral prophylaxis" - These resolutions were referred in light of the Theory Development Framework currently being formulated.
4. Immediate Past-President, Deb McFall visited Washington, DC to testify that oral health be included in the national health care reform. This was presented to the House of Delegates in the form of a resolution that ADHA endorse such programs.
5. A resolution was passed that ADHA advocates the cessation of tobacco usage.

Highlighting the week long trip was the exciting appointment to the Council on Annual Session of MDHA's Marcia Weed! Marcia also served as Chairperson of Reference Committee A. MDHA is proud of Marcia and fortunate to have her dedication and commitment within our association. Congrats Marcia!

Alexis D'Ascanio
President, MDHA

WELCOME

NEW MEMBERS

Gale A. Bellah - Eliot
Marcia K. Bellmore - Brewer
Judith L. Flagg - Bradley
Stephanie Ann Gates - Norway
Joyce E. Hersey - Eliot
Lisa M. Jordan - Lewiston
Tracy Ann Lajoie - Van Buren
Tracey Leeman - Bangor
Cynthia J. Martin - Bangor
Tricia Ann Nixon - Bangor
Judith L. Smith - Bangor
Amy C. Stoman - Lincoln
Dorothy A. Stuart - Bangor
Constance S. Swensen - Alfred
Cheryl A. Todd - Ellsworth
Michell Renee Verrier - Portland
Stephanie Ann Wallace - Phippsburg

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Announcements

Marcia Weed, RDH,BS was appointed to ADHA's Council on Annual Session while in Denver last June Christina Corbin-Price, RDH, who manages the advertising and subscription department of SCOOP, recently received her bachelor's degree in Business Administration and Business Management from Westbrook College Traci Lee Moore and Carol Colson please contact Alexis D'Ascanio to arrange delivery of your prepaid cookbooks- she has been unable to reach you

Placement Service

Thinking about a change in jobs? MDHA's Placement Service may be able to help you. For six months, your name will be registered with the service. You will receive a list of dentists seeking a hygienist and your name will be sent to those dentists listed with the service. This service is free to members of MDHA but is available to non-members for \$10.00 for six months. If you do not want your name circulated, there is a \$5.00 fee to cover associated expenses. For more information, contact: Michel Scott Susina, RDH, P.O. Box 363, So. Harpswell, ME 04079, 833-5383.

Change of Address?

Please keep your address current with the Maine Board of Dental Examiners Office or you will not receive important information from the state and may be subject to a fine. Call Irene Boucher today at 287-3333. If you are a member of ADHA / MDHA then you should also call 1-800-243-ADHA and let them know your new address and phone number. ADHA will forward your new address to all publications on the state and national levels (including SCOOP).

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