

the SCOOP

newsletter of the maine dental hygienists' association

special edition



fall 1992

President's Message

I would like to begin by saying hello to everyone and I am really looking forward to serving MDHA as President this year. I hope you all enjoyed your summer. Why is it as each summer nears the end it seems to get shorter and go by quicker?

In the first few months of my presidency I've been busy preparing for the coming year. Our first Executive Board Meeting was held August 22nd at which time many items were accomplished. It is great to see new faces who bring so many new ideas. It's also exciting to see more and more hygienists get involved. This was especially evident at our last Annual Meeting in June. MDHA has certainly grown since I first became actively involved six years ago.

National Dental Hygiene Week will begin our calendar year October 18-24. Again, we hope to recognize our profession locally through component level activities. On the constituent level we are hoping to place community bulletins on the television. STAY TUNED!

Plans are in progress for our first annual Mid-Winter Meeting. We're currently planning an interesting agenda. Details will be forthcoming in the next issue of *scoop*.

An important goal this year is to increase membership in our profession. In order for progress to happen, MDHA needs support. And we need support in greater numbers. An item that is already in the works is a resource booklet which will be made available to all members. This booklet will contain a directory of all members and dental professional contacts, an association calendar, the history of MDHA, as well as specific membership information.

It's important to realize there are many ways to get involved. The following is a highlight of the 3 levels of membership:

- National Level (ADHA) - journals, publications, insurance discounts, credit card services, toll free information number (1-800-243-ADHA)
- Constituent Level (MDHA) - *the scoop* newsletter, legislative representation, discounted continuing education fees, job placement service
- Component Level - local meetings, continuing education, professional networking

ADHA/MDHA is as strong as you make it. I invite you to join us.

I would like to keep the avenues of communication open to all hygienists statewide. Please feel free to contact me anytime to answer any questions or concerns you have.

Anne Harris, RDH

Important Update Yankee Dental Congress '93

In June, the Massachusetts Dental Hygienists' Association was given their contract for the Yankee Dental Congress from the Massachusetts Dental Society (MDS). The contract reduced the number of courses they could offer, reduced the percentage of the tuition monies they could receive and at the same time increased the amount charged per attendee. The Massachusetts Dental Hygienists' Association asked for an explanation from MDS and were told the contract was not negotiable and that in the near future the Massachusetts Dental Hygienists' Association would no longer be invited to participate in the Yankee Dental Congress. At this time the Massachusetts Dental Hygienists' Association has decided to break away and hold a separate, independent meeting concurrently with the Yankee Dental Congress.

This meeting, called the **MDHA Winter Meeting**, will be held in Boston at the Lafayette Hotel, January 21-24, 1993. The rates are \$85/night for each room. The Lafayette is located just minutes from downtown shopping areas and the theatre district.

General registration for this meeting is free unless you wish to attend any MDS courses or visit the exhibits etc. There will be a free shuttle going between the Lafayette and the Hynes several times a day. The weekend will offer 30 half day courses, giving 3 CEU's. General attendance credits of 4 CEU's will also be available. The "Lunch and Learn" mini courses will still be available and registration is free. The District 1 Workshop and President's Reception will also be at the Lafayette.

The Massachusetts Dental Hygienists' Association thought this was the best decision without having all the restrictions placed on them by the MDS.

The MDHA Winter Meeting is specifically designed for the hygienist. The success of this program depends on you! Please support your profession.

Anne Harris, RDH

IN THIS ISSUE . . .

<i>National Dental Hygiene Week</i>	2
<i>Calendar of Events</i>	3
<i>Component News</i>	5
<i>SADHA News</i>	6
<i>New Product Review</i>	8

the SCOOP



EDITOR

Lucile Hellshorn-Cooney, RDH, BS
279 Flaggy Meadow Rd.
Gorham, ME 04038-2020
207-839-9945

ASSISTANT EDITOR

Christina Corbin-Price, RDH
166 Pleasant St., Apt. 2
Portland, ME 04103
207-773-7354

MDHA Executive Board

PRESIDENT

Anne Harris
14 Military Ave., Fairfield, ME 04937
H 453-6314 W 872-5252

PRESIDENT-ELECT

Alexis D'Ascanio
PO Box 741, So. Casco, ME 04077
H 655-3935

VICE-PRESIDENT

Kris Blaisdell
10 Tall Pine Rd, Cape Eliz., ME 04107
H 799-0484

SECRETARY

Michelle J. Gallant
75A Elm St., Camden, ME 04843
H 236-9519 W 236-4700

TREASURER

Joanna Bradley
P.O. Box 1664, Bucksport, ME 04416
469-7030

IMMEDIATE PAST PRESIDENT

Marcia L. Weed
37 Lynch St., Brunswick ME 04011
H 729-5350 W 725-4311

CONTINUING EDUCATION CHAIR

Kris Blaisdell

MEMBERSHIP CHAIR

Marcia L. Weed

ME BOARD OF DENTAL EXAMINERS

Irene Boucher
2 Bangor St., State House Sta. 143
Augusta, ME 04333
287-3333

DH MEMBER-MBDE

Carol Williams
53 Park St., Orono, ME 04473
H 866-3157

MDHA PLACEMENT SERVICE

Michel Scott Susina
P.O. Box 363, So. Harpswell, ME 04079
H 833-5383
ADHA

444 N. Michigan Ave., Suite 3400

The next issue of *scoop* will be mailed in January 1993.

→ The deadline for submission of articles & advertisements is December 15, 1992.

ADHA News National Dental Hygiene Week

October 18-24, 1992 will mark the sixth annual observance of National Dental Hygiene Week (NDHW), which will be celebrated by dental hygienists throughout the United States and Canada. The American Dental Hygienists' Association (ADHA), in cooperation with the Canadian Dental Hygienists' Association (CDHA), is coordinating activities to cosponsor the first joint North American celebration.

This year's observance is dedicated to communicating messages about the importance of improving oral health care and overall health for Americans of all ages in all walks of life. The theme is "Smile for Life".

When planning for this year's event, we should concentrate on meeting the goals of "Healthy People 2000: National Health Promotion and Disease Prevention Objectives," a document outlining a national strategy for improving the nation's health during the next decade. The document, released by the U.S. Public Health Service, focuses on the priorities of improving oral health and nutrition; reducing the use of tobacco; enhancing educational and community-based programs; and expanding access and use of clinical preventive services by the year 2000.

The success of Healthy People 2000 relies on local level commitments. In past years, you have proven that you are in an ideal position to initiate community and organization programs, which are essential to helping Americans achieve the best possible health.

Not only during NDHW, but throughout the year, it is important that we give our time to help all Americans realize the major objectives of Healthy People 2000.

Here's to a successful NDHW 1992.

Virginia L. Woodward, RDH
ADHA Immediate Past President



Allied Professional Purchasing Associations

Introducing:
**Allied Professional Purchasing Associations
of Maine, Inc.**
Dental Division

We save members time and money by offering discounts on a comprehensive list of goods and services that you must use to conduct your daily practice.

APPA is in business to assist with one of the most crucial aspects of your business—purchasing. We bring professionals together in joint associations to negotiate discounted prices with vendors—discounts greater than you can negotiate on your own.

We will pay any member of MDHA a 10% referral fee.

Interested? Call Mike Fink at 781-5105 or 1-800-959-5105.

P.O. Box 853, Portland, ME 04104

YOU DON'T NEED A SECOND OPINION TO CONFIRM THAT THIS IS OUR BIGGEST SALE EVER!

Annual Fall Sale, Oct 1-25

Now's your chance to save big on some terrific items:

- A totally new line of Crest Healthcare Scrubs
- All Wear-Guard Scrubs
- All Hush Puppies Shoes
- All Cherokee, Crest and Wear-Guard Separates

**BONUS! SAVE AN EXTRA 10% DURING
OUR FIRST FOUR DAYS, OCTOBER 1-4.**



South Portland, Jetport Plaza (across from Shaws at the end of Maine Mall Rd.)
(207) 761-1854



Calendar of Events

October 9, 9am-5pm
"Periodontics for the 21st Century",
Dr. Thomas McCawley, Teryl
Moyer RDH, BS, Sheraton Tara,
Lexington, MA

October 16, Portland
October 30, Bangor
CED, "Pathology Review-Oral
Lesions", Dr. Jeffrey Doss

October 17, 10am
MDHA Executive Board Meeting
Lithgow Library, Augusta

October 18-24
National Dental Hygiene Week

November 14, 9am-noon
"Review of Medical Emergencies",
Marji Harmer-Beam, RDH, BS,
Westbrook College

November 21, 10am
MDHA Executive Board Meeting
Lithgow Library, Augusta

December 5, 9am-noon
"Non-Surgical Periodontal
Therapy", Lisa Dufour, RDH, BS,
MPH, Westbrook College

January 21-24, 1993
Massachusetts Dental Hygienists'
Association Winter Meeting,
Lafayette Hotel, Boston, MA

January 21-24, 1993
Yankee Dental Congress
Boston, MA

March 6-7, 1993
MDHA 1st Annual Mid-Winter
Meeting, Bangor

May 15-16, 1993
District 1 Annual Meeting
Bow, NH

June 9-16, 1993
ADHA 70th Annual Session,
Denver, Colorado

June 18-19, 1993
67th MDHA Annual Meeting
Samoset Resort, Rockport



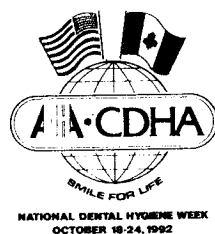
Do you have an event you'd like to add
to our calendar? Please let us know!
Send us a postcard with the date, time,
location, topic, and name of speaker.
Mail to *scoop*, 279 Flagg Meadow Rd.,
Gorham, ME 04038-2020.

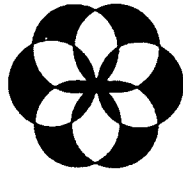
About this Issue

This special edition of *scoop* has been mailed free of charge to all registered dental hygienists in the state of Maine. *scoop* is published 4 times per year and is a benefit of belonging to the Maine Dental Hygienists' Association. Non-members may subscribe to *scoop* for \$20.00/year. To subscribe, please send a check for \$20.00, payable to MDHA/*scoop*, and mail to Christina Corbin-Price, RDH, 166 Pleasant St., Apt. 2, Portland, ME 04103.

Announcements

Michel "Shelly" Scott Susina has recently taken over the position of MDHA Placement Service Chairperson from **Debra Andrews**. Thank you Debbie for several years of service helping hygienists in Maine find jobs **Beverly A. Entwistle** has recently resigned as the Director of the Division of Dental Health in Augusta. Bev will be moving to the state of Oregon where she has accepted a new job. MDHA thanks Bev for her contributions to dental health in the state of Maine and wishes her the best in her new life on the west coast





Announcing

The 1993

Warner-Lambert / ADHA

Awards For Excellence In Dental Hygiene

Once again, the Warner-Lambert Company Joint Oral Health Group and the American Dental Hygienists' Association (ADHA) will honor six exceptional dental hygienists who exemplify the six roles of dental hygiene. Eligible nominees must have incorporated the roles of administrator/manager, change agent, clinician, consumer advocate, educator/health promoter, and researcher in their practices or areas of responsibility. Nominees must also demonstrate that they have utilized the skills and knowledge appropriate to the six roles in effecting change. The roles are described as follows:

- **Administrator/Manager:** Utilizes data; communicates objectives; applies organizational skills; identifies and manages resources; and evaluates and modifies programs of health, health education, or health care.
- **Change Agent:** Analyzes barriers to change; develops mechanisms to effect change; and implements processes, and evaluates the success of programs that promote health for individuals, families, or communities.
- **Clinician:** Assesses, plans, implements, and evaluates treatment for prevention, intervention, or control of oral disease while working independently or in collaboration with other professionals.
- **Consumer Advocate:** Influences legislators, health agencies, and other organizations to bring existing health problems and available resources together to resolve problems and improve access to care.
- **Educator/Health Promoter:** Utilizes educational theory and methodology to analyze health needs; develops health promotion strategies; and delivers and evaluates the results in attaining or maintaining health.
- **Researcher:** Applies the scientific method to select appropriate therapies, educational methods, or content; interprets and applies findings and solves problems.

The six dental hygienists selected for these prestigious awards will each receive a cash award of \$2,500 and be provided with a two-night, all expense-paid trip to the 1993 ADHA Annual session in Denver. Winners will be honored at a special annual session awards luncheon on June 13, 1993.

Nominees must meet the criteria outlined below to be eligible for the awards. A specially appointed committee consisting of ADHA past presidents will recommend nominees to the board of trustees who will select the winners. The committee will make recommendations only when a nominee demonstrates outstanding achievements.

Take this opportunity to nominate deserving dental hygienists. Identify colleagues who are contributing to the growth and development of the profession. If you wish to nominate more than one person, please submit each name on a separate sheet. Send nominations to:

American Dental Hygienists' Association

Executive Office

444 N. Michigan Avenue, Suite 3400

Chicago, IL 60611

Submissions must be received no later than **November 1, 1992.**

Nominees will be sent a personal/professional data form/application. These forms must be completed and sent to ADHA's central office by December 11, 1992. The awards committee will recommend nominees to the board of trustees, who will select the winners by February 24, 1993. Award recipients will be notified shortly thereafter.

Criteria

- Hold current membership in ADHA.
- Demonstrate evidence of active involvement in ADHA and its constituents.
- Exhibit evidence of leadership in and the advancement of dental hygiene as a profession.
- Provide evidence of a minimum of seven years of professional dental hygiene experience.
- Demonstrate commitment to lifelong learning.
- Provide documented evidence of the incorporation of the six roles in a project, practice, or other innovation.

Nominees will be judged on the degree to which they demonstrate the incorporation of all six roles of dental hygiene in their practices or other areas of responsibility.

Note: Members of the ADHA Board of Trustees, ADHA staff, and members of the awards committee are not eligible for nomination.



1993 Warner-Lambert/ADHA Awards Program Nomination Form

I, _____, nominate

(please type or print)

(NOMINATOR'S NAME)

NAME _____

*HOME ADDRESS _____

CITY _____

STATE _____

ZIP _____

(If you do not know a nominee's complete address, please provide the individual's city and state of residence.)

Nomination must be received by ADHA **no later than November 1, 1992.**

Please send to: American Dental Hygienists' Association
Executive Office
444 N. Michigan Avenue, Suite 3400
Chicago, IL 60611

1-800-244-9813

Marlene's Uniform Shop

We have added to our scrub line OSHA Approved Protective Apparel, the fabric that seals out moisture-giving it excellent fluid and bacteria resistance.

Marlene's
would be glad to send you free scrub catalogs, uniform samples, or make a personal visit to your office.
We also give group discounts!



72-76 COLUMBIA STREET
BANGOR, MAINE 04401
(207) 945-9813
(207) 945-6269

WE'LL BRIGHTEN YOUR SMILE

Your job is more important than ever. Make it a little bit easier. Rely on the personal attention of a Healthco sales rep, who can handle all your supply and equipment needs promptly, and save you money. When your equipment needs repair, Healthco technicians are fast and efficient. Work with Healthco--you'll do your job better.



993 Forest Avenue, Portland, ME 04103-3303
(207) 772-9599 (800) 942-6555 ME
50 Bridge Street, Manchester, NH 03105-1046
(603) 627-5050 (800) 562-3856 NH

WISE UNIFORMS & EQUIPMENT

"Uniform and Equipment Distributors"

RFD 1, Box 120, Whitten Rd.
Hallowell, ME 04347
(207) 623-2363

We carry a complete line of
uniforms and accessories

just arrived-
OSHA APPROVED
BARRIER GARMENTS

•
Come in and visit us!
For your convenience our hours are:
Mon. - Fri. 8 to 5, Sat. 9 to 2

Your Ad Here

Write or call for rates
1/4, 1/2 or full pages
available

Christina Corbin-Price, RDH
166 Pleasant St., Apt. 2, Portland, ME 04103
207-773-7354

MDHA Placement Service

Thinking about a change in jobs? MDHA's Placement Service may be able to help you. For six months, your name will be registered with the service. You will receive a list of dentists seeking a hygienist and your name will be sent to those dentists listed with the service. This benefit of MDHA membership is available to non-members for \$10.00 for six months. In addition, if you do not want your name circulated, there is a \$5.00 fee to cover associated expenses. For more information, contact: Michel Scott Susina, R.D.H., P.O. Box 363, South Harpswell, ME 04079. Phone 833-5383 or fill out the form at the right and send to Michel Scott Susina.



Heather T. Corneliusen
 Diana Lynn Gillis
 Susan Eaton Johnson
 Rachel M. Laganiere
 Rosemarie (Lausier) Levasseur
 Kathleen (McGaffin) Martin
 Marci McFarland-Laliberty
 Donalee (Blackstone) Olsen
 Kathryn Rogers
 Julie L. Thibeau
 Ronny B. Young

Norway
 Manchester, CT
 Portland
 Auburn
 Farmington
 Casco
 W. Boothbay Harbor
 Presque Isle
 Portland
 Biddeford
 Lincolnville

MDHA PLACEMENT SERVICE

Name _____

Address _____

Evening phone _____

Date available _____

Geographic location _____

MDHA member? Yes ___ No ___

Confidential listing? Yes ___ No ___

Amount enclosed \$ _____

Make check payable to MDHA

Mall to Michel Scott Susina, RDH

P.O. Box 363, South Harpswell, ME 04079

From the leader in home fluoride therapy comes FluoroCare®...

*...the widest range of
 office topical fluorides.*

From the easy to use Dual
 Rinse to the convenience
 of Time Saver Gel,
 FluoroCare will meet all
 your office topical needs.

For more information
 or to order call
1-800-225-3756



Colgate

Hoyt/Gel-Kam

Lucile Heilshorn-Cooney, Editor
279 Flaggy Meadow Rd.
Gorham, ME 04038-2020

Bulk Rate
U.S. Postage
PAID
Permit #44
Portland, ME

3



NATIONAL DENTAL HYGIENE WEEK
OCTOBER 18-24, 1992